

Year Book of Senior Citizens 2016



Ageing Nepal

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YEAR BOOK OF SENIOR CITIZENS 2016

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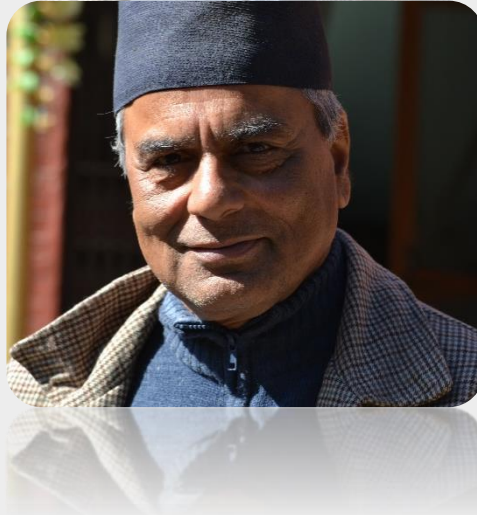
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Message from the Chairperson



I am delighted that finally we have the 4th issue of year book of senior citizens. Absence of integrated data on the concerns of ageing population has been the major bottleneck for policy makers, academia and the practitioners alike for long. Ageing Nepal has been able to contribute in filling this ever existing gap with the kind support and guidance from all our colleagues.

Number presented in this book are important not for their accuracy of counting but the indicator of magnitude of concern of Nepali societies, represented by media and police report of the year 2015. I take this opportunity, to thank Miss Sanju T. Magar and Mr. Ajay Gurung for their hard work in bringing out this book.

I look forward to receiving comments and suggestions by users of this data set so that we could further serve with better disintegrated time series data on senior citizens of Nepal.

Krishna M. Gautam
Founder Chairperson
Ageing Nepal
February 2016

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Acronyms

ADA:	Age Demand Action
AN:	Ageing Nepal
APF:	Asia-Pacific Forum of National Human Rights Institutions
BKS:	Bihari Krishna Shrestha
CIN:	Community Information Network
CSOs:	Civil Society Organizations
DDC:	District Development Committee
DHERSEC:	Disable, Helpless, Rehabilitation and Service Center
FfD:	Financing for Development
FM:	Frequency Modulation
GAROP:	Global Alliance for Rights of Older People
GAWI:	Global Age-Watch Index
IDOP:	International Day of Older Persons and International Human Rights Day
IFA:	International Federation on Ageing
INGO:	International Non-Government Organization
KMC:	Kathmandu Model College
MoHP:	Ministry of Health and Population
MoWCSW:	Ministry of Women, Children and Social Welfare
NASCIF:	National Senior Citizens Federation
NEPAN:	Nepal Participatory Action Network
NGO:	Non-Government Organization
NHRC:	National Human Rights Commission
NIC:	National Integrated College
OAA:	Old Age Allowance
OAH:	Old Age Home
OEWG:	Open Ended Working Group
OPAs:	Older People's Associations
SWC:	Social Welfare Council
TV:	Television

UESCAP: United Nations Economic and Social Commission for Asia and Pacific
UN: United Nation
VDC: Village District Committee
VoSC: Voice of Senior Citizens
WAM: World Alzheimer's Month
WEAAD: World Elder Abuse Awareness Day

Chapter I

INTRODUCTION

A group of Nepali social workers with varied professional background got committed to the cause of the ageing population and together established **AGEING NEPAL (AN)** in August 2011.

Ageing Nepal is a not-for-profit Non-Government Organization (NGO) registered with the government of Nepal and is also affiliated to Social Welfare Council (SWC). Ageing Nepal is a member based organization operated by trustees, member representatives and professionals. It draws on its wide network of members and professionals in and out of the country for accomplishment of a task with high degree of professionalism.

Objectives

- To link ageing population and societal development by treating ageing as an opportunity for development
- To establish sustainable system of social protection to guard against poverty in old age
- To promote healthy, active and productive ageing through promotion of volunteerism among elders in particular
- To meet the growing demands of access to quality health care, including long-term care for the elderly
- To promote age-friendly environment
- To work with the government and other national and international organizations for the promotion of elders' wellbeing

Mission

- Empowerment of elders and promotion of their rights
- Generate research based information to help policy makers and planners
- Produce trained human resources in the field of Gerontology and Geriatrics
- Take proactive measures against elder abuse and exploitation
- Work as watchdog to safeguard the interests of ageing population

Vision

With a life time of hard work, senior citizens of today deserve a dignified and care for old age, not as a charity from the younger generation but as the rights of their own. As elders are the living history of a society, it is very important to utilize their knowledge, skills and experience for socio-economic development. Today's youth should be able to plan for their happy old age and today's elders should get a dignity and care for life. It is the vision of Ageing Nepal that elders of Nepal will have such environment with facilities and services to suit their personal needs, capacity and the taste.

Major Areas of Work

Awareness Building: Ageing Nepal publishes and disseminates materials as awareness building. It works with state and private media, social and professional groups as well.

Consultancy Services: The available expertise and its large network of professionals make Ageing Nepal a suitable organization for developing concept papers, project proposals, conduction of research, survey, workshop/seminar, policy formulation, programme/project planning, implementation, monitoring, evaluation and other such activities for scientific investigation that are related to ageing population and their wellbeing.

Human Resource Development: Ageing Nepal is poised to provide trainings for different groups namely health workers, teachers, old age home managers, caregivers and other interest groups. Ageing Nepal works with academic institutions to promote research and teaching on ageing issues.

Ongoing Regular Activities

- Production of monthly e-newsletter *Voice of Senior Citizens*
- Publication of bi-monthly Nepali magazine on ageing *Jyestha Nagarik*
- Collaboration with academic institutions in and outside Nepal
- Use of print and electronic media for awareness building
- Working with Nepal Government and collaboration with I/NGOs and OPAs
- Publication of awareness building materials, development of training manuals and conduct trainings
- Observance of International Days of importance such as World Elder Abuse Awareness Day (WEAAD), World Alzheimer's Day, International Day of Older Persons (IDOP) and International Human Rights Day etc.

Major Achievements in Last Four Years

Ageing Nepal is thankful to the government organizations, its members and hardworking professionals who made it possible for Ageing Nepal for following achievements:

In the year 2011

- Produced monthly e-newsletter "**Voice of Senior Citizens**".
- Published "Bridhoupanishad" (Upanishad for Senior Citizens) in Sanskrit with translation in Nepali and English.
- Published different IEC materials such as banners, pamphlets, stickers, placards, brochures, booklets and so on.
- Organized TV and Radio/FM talk shows.
- Published articles in national dailies, magazines and blogs.
- Participated in Help Age International South Asia Network Partners Regional Conference in Sri Lanka.

In the year 2012

- a. Continued production of monthly e-newsletter "**Voice of Senior Citizens**" that is appreciatively received by more than four thousand concerned organizations and individuals across the globe. Voice of Senior Citizens is the only window available for English readers to get periodic news on the elderly of Nepal.
 - b. Supported in completion of student thesis, "Effects of Migrants on Wellbeing of Ageing Population in Rural Nepal"
 - c. Published New Year Calendar containing motivational message of senior citizens in Nepal in collaboration with HelpAge International Nepal and Nepal Participatory Action Network (NEPAN)
 - d. Participated in capacity building workshop to support National Policy.
 - e. Participated in the regional workshop on ageing in Asia and Pacific held in Bangkok, Thailand.
 - f. Published training manual for health workers concerning care of elderly in collaboration with Ministry of Health and Population (MoHP).
 - g. Commemorated WEAAD in collaboration with the government, International Network for Prevention of Elder Abuse (INPEA) and national NGOs.
- Conducted orientation/sensitization programmes concerning elder abuse and ageing population in different colleges of Kathmandu Valley. 223 undergraduate students of five colleges were sensitized.

- 80 % of the Kathmandu population was reached with stickers, pamphlets, posters and booklets with messages on elder abuse.
- 90% of Nepal population was reached with talk shows, interviews, dramas and songs through National Radios (Nepal Radio, Sagarmatha FM, and Capital FM) and TVs (NTV and Sagarmatha TV) regarding elder abuse and neglect of older people.
- Published articles regarding elder abuse and neglect of older people in national dailies, i.e., Gorkhapatra, Annapurna Post and Republica.
- Produced soft copy of collection of Student Essays on Elder Abuse.
- Many Civil Society Organizations (CSOs) like NEPAN, Sankalpa Nepal, Human Rights Alliance and National Senior Citizens Federation including National Human Rights Commission and Ministry of Women, Children and Social Welfare got committed to observe WEAAD at national level.
- h. Supported thesis of two Master's level students of University of Sheffield, concerning nutrition and depression among the elderly of Karhmandu (Pharping) area.
- i. Started publication of 50 paged bimonthly magazine "*Jyestha Nagarik*" in Nepali with support from HelpAge International Nepal. This is the first and the only magazine of Nepal on ageing issues in national language.
- j. Celebrated the First National Festival of Senior Citizens on October 1, 2012 in coordination with Man Mohan Memorial Foundation, NEPAN and HelpAge International Nepal.
- k. Provided internship opportunity for students from Thames Int'l College, K&K Int'l College, Kathmandu Model College (KMC), National Integrated College (NIC), Kadambari Memorial College, Bright Vision Int'l College and Mega College.
- l. Observed 64th World Human Rights Day with National Human Rights Commission (NHRC) and many other concerned organizations on 10th December.
- m. Published the first ever data bank, Year Book of Senior Citizens Nepal-2012.

In the 2013

- a) Continued production of monthly e-newsletter "*Voice of Senior Citizens*".
- b) Continued publishing 50 paged bimonthly magazine "*Jyestha Nagarik*" (Senior Citizens) in Nepali language.
- c) Developed survey tools for Nepal Ageing Survey, 2013.
- d) Played vital role in making government decide to include ageing issues (gerontology) in the curriculum of secondary level education.
- e) Organized study tour for a senior government official from Bhutan.
- f) Organized study tour for Aberdeen Retracts.
- g) Collaborated with GRAVIS, India, for a regional study on Health Status of Older People in Nepal, India, Pakistan, Sri Lanka and Bangladesh.
- h) Organized different programmes in partnership with HelpAge International Nepal.
- i) Organized a five-day long Memory Training: Enhancing Memory Power in Old Age in collaboration with Czech Society for Memory Training and Brain Jogging and European, Federation of Older People (EURAG).
- j) Successfully ran the 'ADA for Rights 2013' campaign throughout the month of June with support from HelpAge International Nepal. Following are the achievements of the campaign:
 - 45,586 signatures were collected in the Petition Form by 28th of June 2013.
 - Quotes of 11 well known leaders from different facets of Nepali society were video recorded on the occasion of ADA campaign to strengthen the rights of older people through UN Convention.
 - Written quotes from 9 ADA leaders currently working on ageing issues in Nepal were obtained.

- 100,000 copies of pamphlets were distributed throughout the country assuming that at least 50% of the recipients read one of the pamphlets handed out to them.
 - 5,000 copies of ADA stickers were produced and distributed throughout the country.
 - 50 copies of ADA banners were produced and placed in various public places for public awareness.
 - Telecasting of talk shows by 4 different National TV stations, with potential of reaching out to 90% of the total population of Nepal, with the central theme of “Strengthening the Rights of Older Persons through UN Convention”.
 - Broadcasting of talk shows by 3 different National FM radios on ADA campaign for Rights 2013.
 - 30,000 people were reached twice with the objectives 'ADA campaign for Rights 2013' through the state print vernacular media, Gorkhapatra daily.
 - 15,000 people were reached thrice with the message about importance of 'ADA campaign for Rights 2013' through state owned English print media, The Rising Nepal daily.
 - 12,000 people were reached with the central theme of strengthening the rights of older people through UN convention via Samacharpatra daily, a Nepali language private print media.
 - More than 15,000 people were reached with the message of 'ADA for Rights campaign 2013' through Annapurna Post daily.
 - Coordination and collaboration with Rotary International and Scout.
 - More than 30 organizations including Ministry of Women, Children and Social Welfare (MoWCSW), and National Human Rights Commission (NHRC) were coordinated and collaborated.
 - 12 academic institutions such as schools and colleges were involved in ADA campaign.
 - More than 500 volunteers including students, social workers, OAHs staffs and residents were mobilized.
 - 11 districts of Nepal, namely, Kathmandu, Lalitpur, Bhaktapur, Kavre, Dang, Ramechhap, Baglung, Syangja, Dhading, Gorkha and Chitwan were focused on signature campaign. More than 1,000 people were distributed WEAAD ribbons.
- k) Participated in 4th session of UN Open-Ended Working Group (OEWG) on Ageing as representative of NGOs working for wellbeing of ageing population in Nepal.
- l) Coordinated with NTV and Radio Nepal to run a regular programme on different concerns of ageing population.
- m) Successfully observed World Alzheimer’s Month with the following achievements:
- 30,000 people reached with the message of World Alzheimer’s Month (WAM) via state print media Gorkhapatra daily,
 - 15,000 people were reached with important information regarding Alzheimer’s disease and other forms of Dementia,
 - 80% of Nepal’s population were reached with the information on WAM through Radio Nepal,
 - 50% of Nepal’s population reached with message of WAM through Sagarmatha TV, At least 50% of Nepal’s population reached with important message regarding Alzheimer's disease and WAM via Image Channel TV,
 - At least 272 young students were oriented on Alzheimer’s disease and WAM,
 - At least 357 social workers/community leaders were reached with the message on WAM and Alzheimer’s disease,
 - 30 national poets were oriented on Alzheimer’s disease and WAM,
 - 457 health workers/nursing students received special training on Alzheimer/Dementia,
 - 4,500 individuals/organizations/institutions across the globe reached with the message on Alzheimer's and WAM through Voice of Senior Citizens,
 - At least 2,000 people were reached with message on Alzheimer’s disease through pamphlets/leaflets/balloons,

- 2,000 individuals/organizations/institutions were reached with valuable information regarding Alzheimer's disease and WAM through *Jyestha Nagarik Magazine*.
- n) Observed 23rd International Day of Older Persons with the following achievements:
 - Organized an Inter-Generation Tea Party to mark the International Day of Older Persons, 2013, October 1,
 - A short video on the [ongoing struggle of older persons](#) for their Rights was released,
 - First anniversary of Jyestha Nagarik Magazine,
 - Released country Report of World Alzheimer's Month,
 - Released slide on Status of Older Persons in Nepal, <http://www.ageingnepal.org.np/images/oldpeopleinnepal.pdf>
 - Released Memory Training Manual,
 - TV talk shows in two national televisions, namely, Nepal 1 TV and News 24 TV. It is estimated that about two hundred thousand Nepalese were reached with the message of IDOP 2013 through these TV stations,
 - Talk program in four different radio/FM, namely, Sagarmatha Radio, Image News FM, Mero FM and Community Information Network (CIN) radio. It is estimated that at least 50% of Nepal population were reached with the message of IDOP 2013 through these radio/FM stations,
 - o) Successfully included issues of ageing population in the manifestoes of major political parties participating in the CA election 2013.
 - p) Released a video titled "[A City Not for Old People](#)". The video depicts the plight of an elderly in Kathmandu city.
 - q) Released a video on [the Human Rights of older people](#) to mark International Human Rights Day on 10 December, 2013.
 - r) Futsal Tournament as a fund raising event was organized by young Non-Residential Nepali group, Nepcity Ballers in Melbourne, Australia. The collected fund was donated to Ageing Nepal.
 - s) Inclusion of ageing issues in the curriculum of grade 1, 4 and 5 of the private primary schools in Nepal.
 - Chapter titled, "Respect for Elders" has been included in the curriculum of grade 1,
 - Chapters titled, "Senior Citizens", "Decent People" and "Grandfather's Tricks" have been included in the curriculum of grade 4,
 - Chapter titled, "Respecting Aged" has been included in the curriculum of grade 5,
 - t) Inclusion of ageing issues in the curriculum of MA (Sociology).

In the year 2014

- a. Continued production of monthly e-newsletter "*Voice of Senior Citizens*".
- b. Continued publishing 50 paged bimonthly magazine "*Jyestha Nagarik*" (Senior Citizens) in Nepali language.
- c. Continued partnership with HelpAge International Nepal,
- d. Established BKS Elderly Empowerment Fund worth Rs. One million donated by Mr. Bihari Krishna Shrestha.
- e. Upgraded Source Book Of Senior Citizens for Ministry of Health and Population (MoHP),
- f. Provided Internship opportunity for social work students.
- g. Produced Awareness Building Video.
- h. Sensitized general public through social networking sites, such as Facebook and Twitter.
- i. Published Year Book of Senior Citizens 2014.
- j. Prepared training manual for trainers on management of elderly citizens with financial support from Ministry of Health and Population.
- k. Observed WEAAD 2014 with the following activities:

- Publication of pamphlets with data on reported cases of elder abuse from January 2012 – April 2014 on the observance of WEAAD 2014.
 - Radio and TV talk shows.
 - Publication of article in national daily.
- l. Publication of data book, Ageing Scenario in Nepal: From Policy to Development with financial support from HelpAge International Nepal.
 - m. Published Alzheimer's month special edition of Jyestha Nagarik bi-monthly magazine.
 - n. Produced and distributed IEC materials (pamphlet, poster, sticker, etc.) with central message on World Alzheimer's Month 2014 in collaboration with local NGOs and GOOD Deeds (a Russia based NGO working for older persons).
 - o. Observed 24th International Day of Older Persons (IDOP) with range of awareness building programmes/events together with HelpAge International Nepal and other local organizations.
 - p. Observed International Day for Disaster Reduction (IDDR) in collaboration with HelpAge International Nepal, DP Net Nepal and other civil societies working on disaster risk reduction.
 - q. Represented NGOs working for older persons in Nepal in the regional workshop (Workshop on Social Integration and Rights of Older Persons in the Asia-Pacific Region) held at UNESCAP, Bangkok, Thailand.
 - r. Involved in Nepal Ageing Survey initiated by Ministry of Health and Population.
 - s. Collaborated with University of North Dakota, USA for the student internship programme on social gerontology.
 - t. Oriented and supervised the students for research
 - u. Successfully completed Age Demands Action (ADA) campaign training with support from HelpAge International Nepal.

In the Year 2015

1. Continued publication of monthly e-newsletter "*Voice of Senior Citizens*".
2. Continued publishing 50 paged bimonthly magazine "*Jyestha Nagarik*" in Nepali language.
3. Continued partnership with HelpAge International.
4. Published Year Book of Senior Citizens 2015.
5. Successfully completed action/2015NEPAL Campaign.
6. Produced a video on [International Women's Day 2015](#).
7. Released report from [GAROP](#).
8. Participated in Thunderclap, Action for All Ages, action/2015 campaign.
9. Observed World Elder Abuse Awareness Day (WEAAD), 2015.
10. Participated in action/2015 June to September Campaign. a) In July: [Financing for Development \(FfD\) Campaign](#) b) In August: [Youth Campaign](#) c) In September: [Light the Way Campaign](#).
11. Organized a campaign to launch [GAWI-2015](#) on September.
12. Observed [International Day for Older persons \(IDOP\)](#) October 1st.
13. Started a weekly 30 minutes [Radio Programme](#) for the Senior Citizens with partial funding support of Lions Club of Sunakhari Kathmandu, BKS elderly Empowerment Fund and in collaboration with Radio Sagarmatha 102.4 MHz.
14. Participated in [Global Climate March Campaign](#) in November.
15. Organized a campaign for the Rights of Older People on the occasion of 67th International Human Rights Day, on 10THDecember.
16. Registered Ageing Nepal Switzerland.
17. Enlisted as a member of [GAROP](#) (Global Alliance for Rights of Older People).
18. Enlisted as a Network Partner of [International Federation on Ageing \(IFA\)](#).
19. Established Ageing Research Fellowship Fund with support of Ageing Nepal Switzerland.

Chapter II

ACTIVITIES FOR AND BY SENIOR CITIZENS

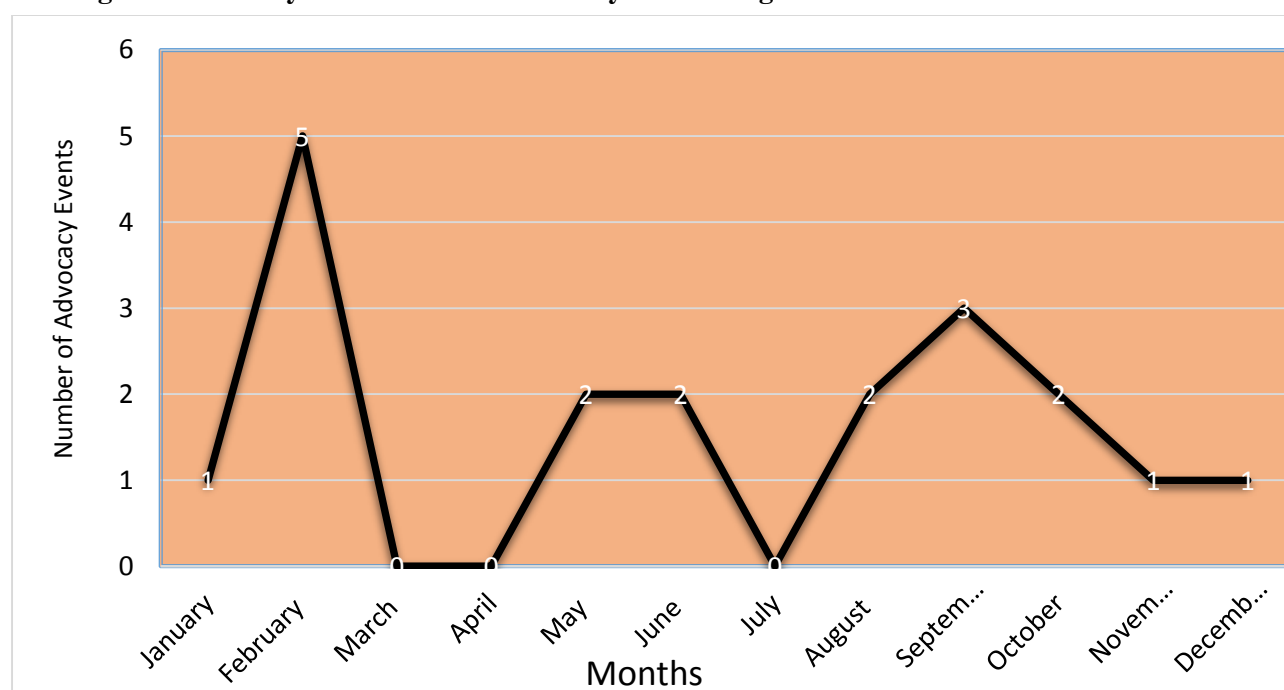
This report in essence is the summary of 12 issues of Voice of Senior Citizens (VoSC) published in 2015. The monthly report “Voice of Senior Citizens” categorically published news according to their nature. In this book the data are presented according to its categorization. VoSC compiled the information published in major National Nepali Dailies- Kantipur, Annapurna Post, Gorkhapatra, and English Dailies- The Himalayan Times and news broadcasted in Nepal’s Digital news (Setopati and Online Khabar) from January to December 2015 about senior citizens of Nepal. It is further enriched with information from police reports, concerned agencies, individuals and reporters of Ageing Nepal. Collected news and views are processed in terms of avoiding duplication, summarizing and categorizing of the information. All published information are included in this book.

We hope that the social workers, academicians, policy and programme formulators and anyone interested on issues of ageing population of Nepal will find this report useful to their work.

1. ADVOCACY

Advocacy is a performed activity for supporting or recommending senior citizens for some causes or purposes. This section includes various types of campaign activities that advocate some particular purpose.

Figure 1: Monthly Distribution of Advocacy Events Organized in 2015



Source: Annex Table 1

The line graph illustrates the total number of advocacy events organized in the year 2015. A total of 19 different events were organized across the country in the year 2015. It is observed that more number of campaign activities were launched in the month of February (5). However, no such news was reported to in the month of March, April and July. Compared to the data of 2014, 5 more programmes were organized in the year 2015. Details are in Annex Table 1.

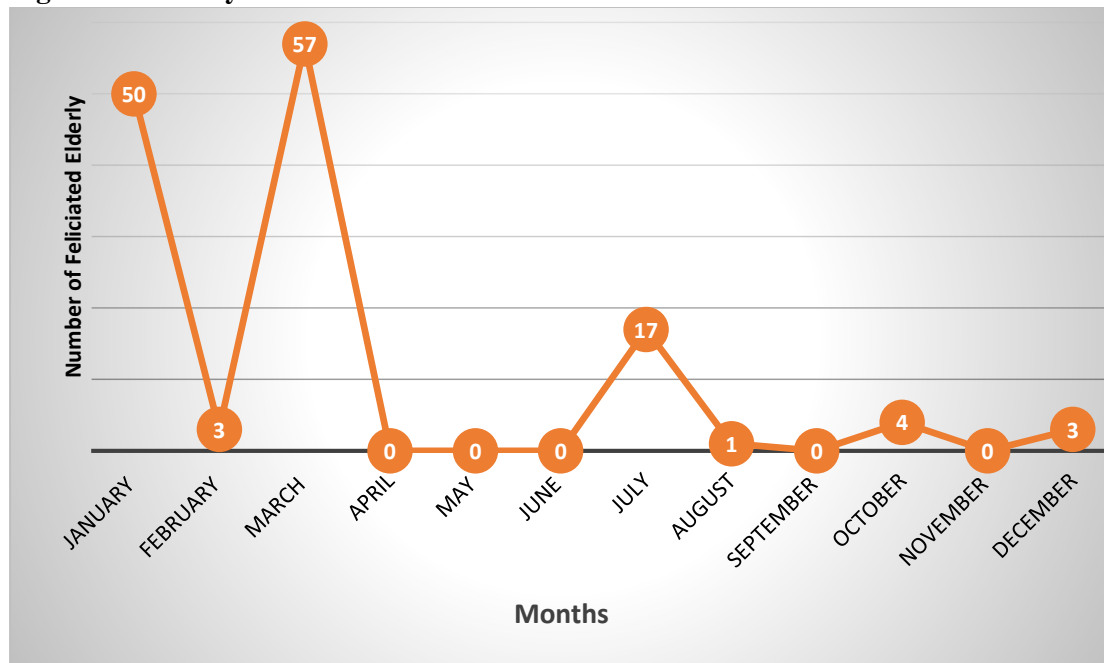
2. SOCIAL SUPPORT

Social Support includes programmes/efforts organized to establish new shelter homes (i.e. OAH and Day Care Centers) for senior citizens and to support residents of OAH as well as non-residents. It also includes the felicitation programmes of elderly.

a) Felicitation

This sub-section includes the news of felicitating elderly in recognition to their some remarkable deeds. The felicitator could either be an individual/s or an organization/s.

Figure 2: Monthly Distribution of Felicitated Senior Citizens in 2015



Source: Annex Table 2

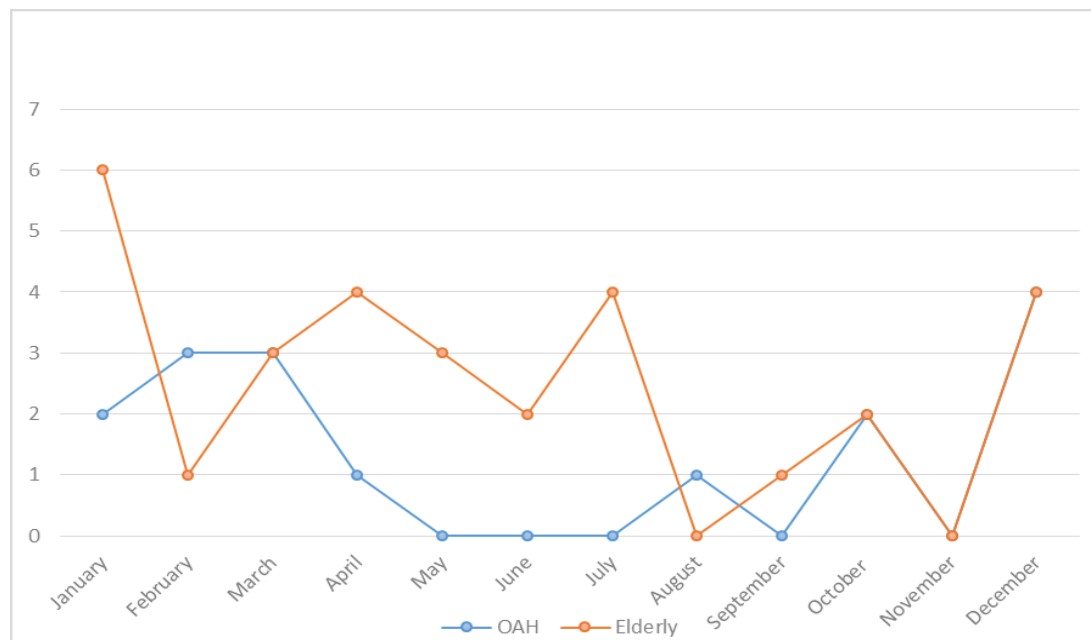
The graph shows that a total of 135 senior citizens were felicitated throughout the year 2015. It is observed that more number of senior citizens were felicitated in the months of January (50), March (57) and July (17). However, no news on felicitation of senior citizens was reported in the month of May, June, September and November.

Compared to data of 2014, the number of felicitated senior citizens dramatically decreased this year. Last year a total of 1189 senior citizens were felicitated which is 8 times more than this year's data.

b) Support Provided

This section provides the number of various organized programmes for the assistance of OAHs and senior citizens.

Figure 3: Monthly Distribution of Programmes Organized to Support Senior Citizens and OAHs in 2015



Source: Annex Table 3

The line graph presents the total number of programmes organized to support senior citizens and OAHs in the year 2015. A total of 46 programmes were organized to support OAHs and senior citizens. Among them 16 programmes were to support the OAHs and 30 were to support senior citizens.

c) Efforts made to establish OAH

Altogether 6 efforts or programmes were organized to establish OAHs in 2015. Details are available in annex table 4.

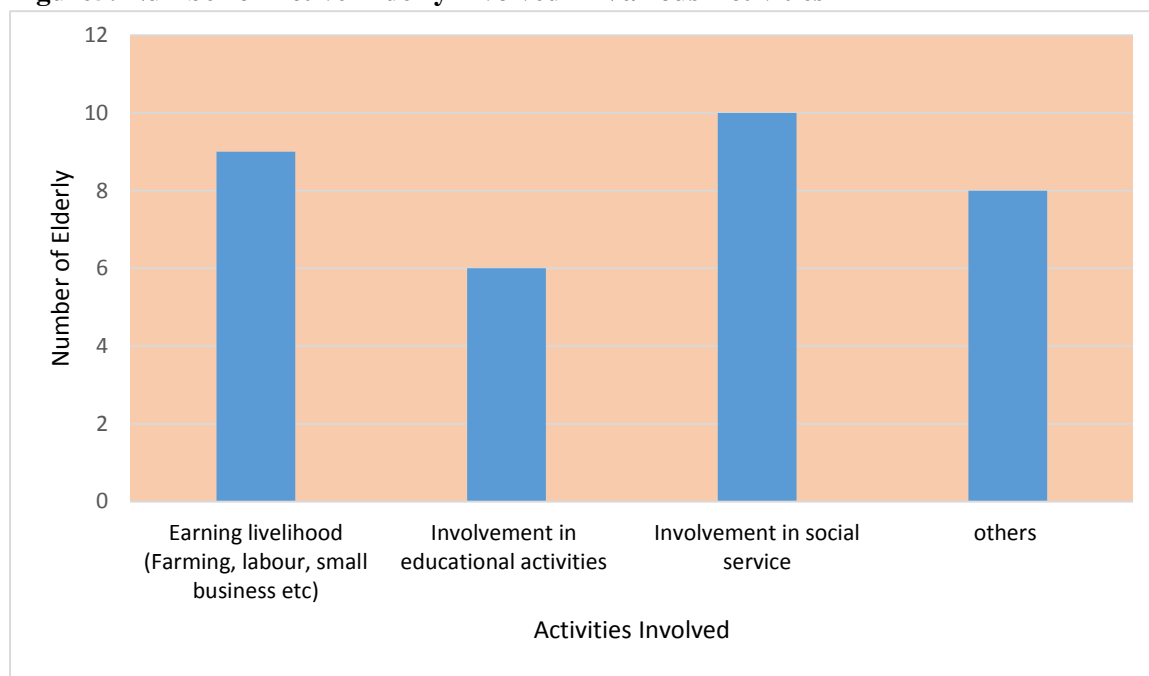
3. SOCIAL SECURITY

Social security is a concept of being secured in society from want. It has even been enshrined in article 22 of Universal Declaration of Human Rights. For millions of the elderly who would otherwise be poor, social security is the single reliable source of income. In this section, news related to old age allowance, its misuse, irregular distribution etc. are included. Details available in annex table 5.

4. ACTIVE AGEING

Active Ageing refers to process of optimizing opportunities for health, participation and security to enhance quality of life. This section, however, entails elderly related those news where they actively participate in some income generating activities, educational activities and social activities.

Figure5: Number of Active Elderly involved in Various Activities



Source: Annex Table 6

The bar graph presents the number of active elderly who involved in various activities in the year 2015. A total of 33 news were reported throughout the year.

- 9 news were about senior citizens earning their livelihood through informal sectors such as farming, labour and small business.
- 6 news were about senior citizens' involvement in educational activities.
- 10 news were related with involvement of senior citizens in social service.
- 8 news were reported on involvement of senior citizens on other activities such as recording songs and preserving the dolphin.

5. RIGHTS

The term rights encompasses a wide range thereby could be used in various senses. Rights are the fundamental normative rules about what is owed to people by virtue of some title in a person. This section, however, only includes the issues of obtaining the Citizenship Certificate owed to people. Three elderly received citizenship certificates in the year 2015. For details annex table no. 7

6. EMERGENCY

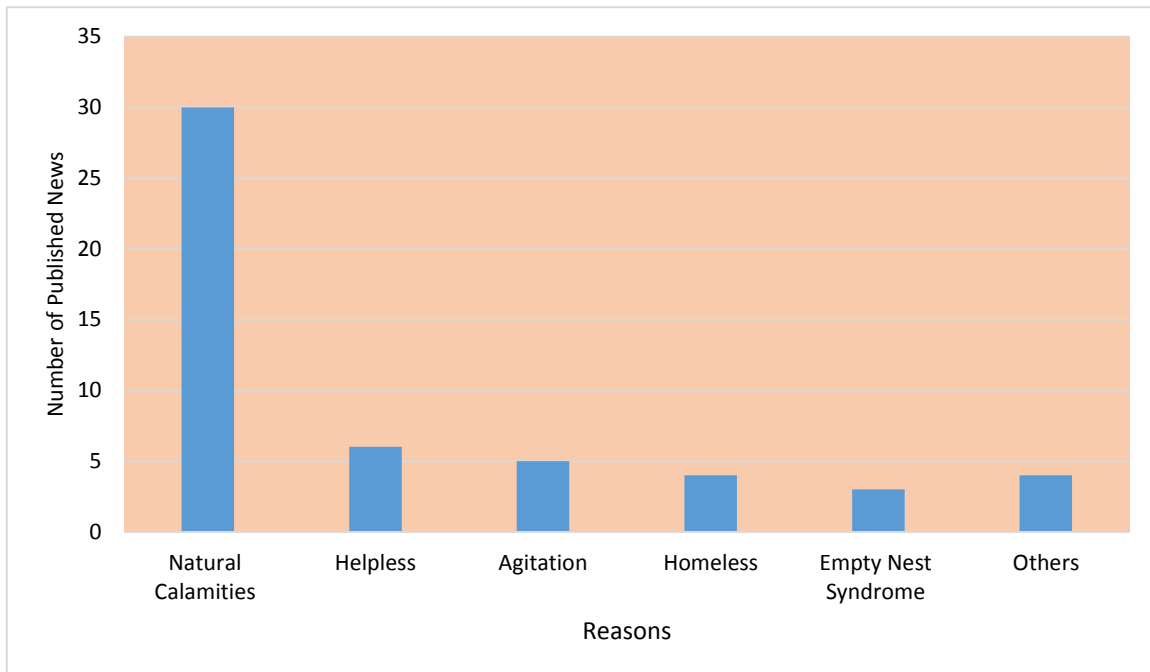
This section covers the number of dead elderly due to hazardous situations and elderly who are seeking for immediate response.

Elderly died of Emergency and Hazardous Situations:

- A total of 10 elderly died due to various hazardous situations.
- Majority of the victims (8) died due to Fire.
- 1 died due to snowfall.

- 1 died due to drowning.

Figure 6: Number of Published News on Emergency Situations of Elderly and their Reasons



Source: Annex Table 7

The bar graph shows a total of 54 news were published highlighting the emergency situation of elderly and their reasons in the year 2015.

- It is observed that the majority of news (30) were about those elderly who were displaced and suffered due to natural disaster.
- 6 news were about helpless elderly.
- 5 news were related with the elderly facing problem due to ongoing agitation.
- 4 news were about homeless elderly
- 3 news were about the empty nest syndrome.
- 4 news were about other emergency situation.

7. ELDER ABUSE

Elder abuse is any form of mistreatment that results in bodily injury, pain or impairment, to psychological trauma caused by perpetrators or other individual/s. It includes assault, battery and inappropriate restraint. This section includes various forms of abuses such as Physical abuse, Financial abuse, Psychological abuse, Sexual abuse, and Neglect.

a) Physical Abuse

Physical abuse is a physical force that results in bodily injury, pain or impairment that can lead to death. It includes assault, battery, and inappropriate restraint.

b) Financial Abuse

Financial abuse is the illegal or improper use of an older person's funds, property or resources.

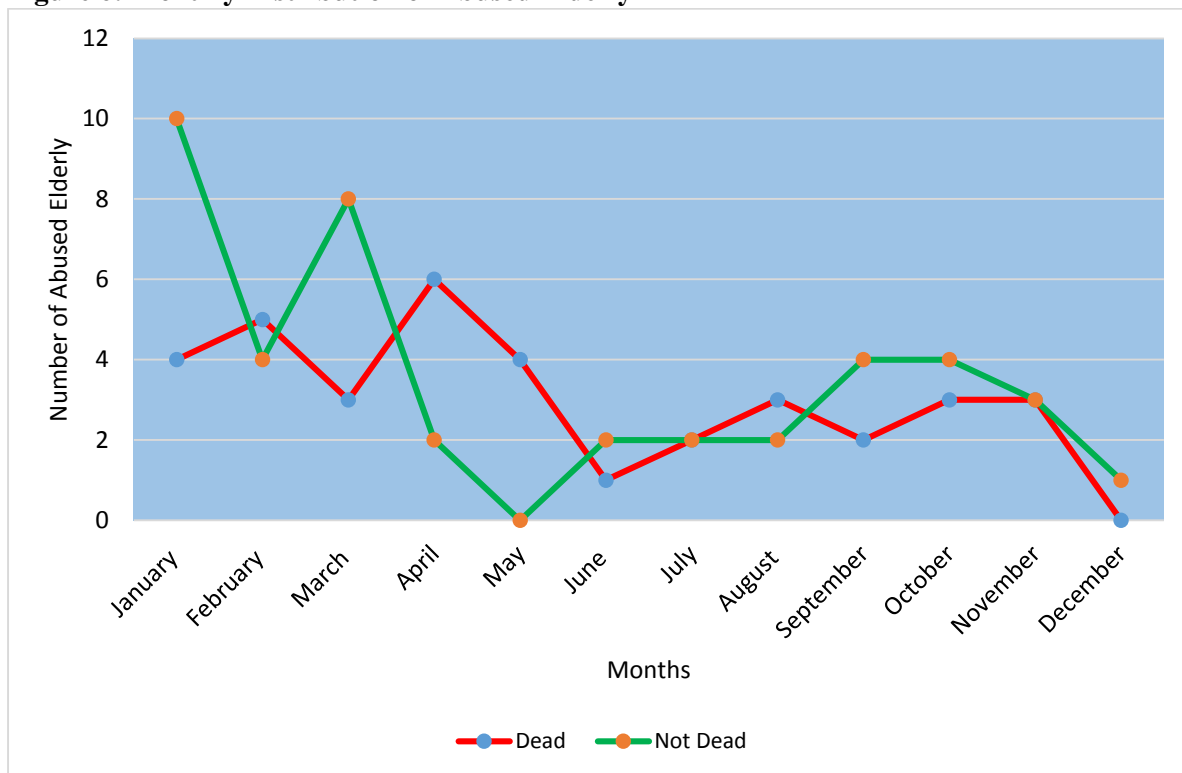
c) Psychological Abuse

Psychological abuse is the willful influencing of mental or emotional anguish by threat humiliation or other verbal or nonverbal conduct.

d) Sexual Abuse

Sexual abuse is non-consensual sexual contact of any kind with an older person.

Figure 6: Monthly Distribution of Abused Elderly



Source: Annex Table 8

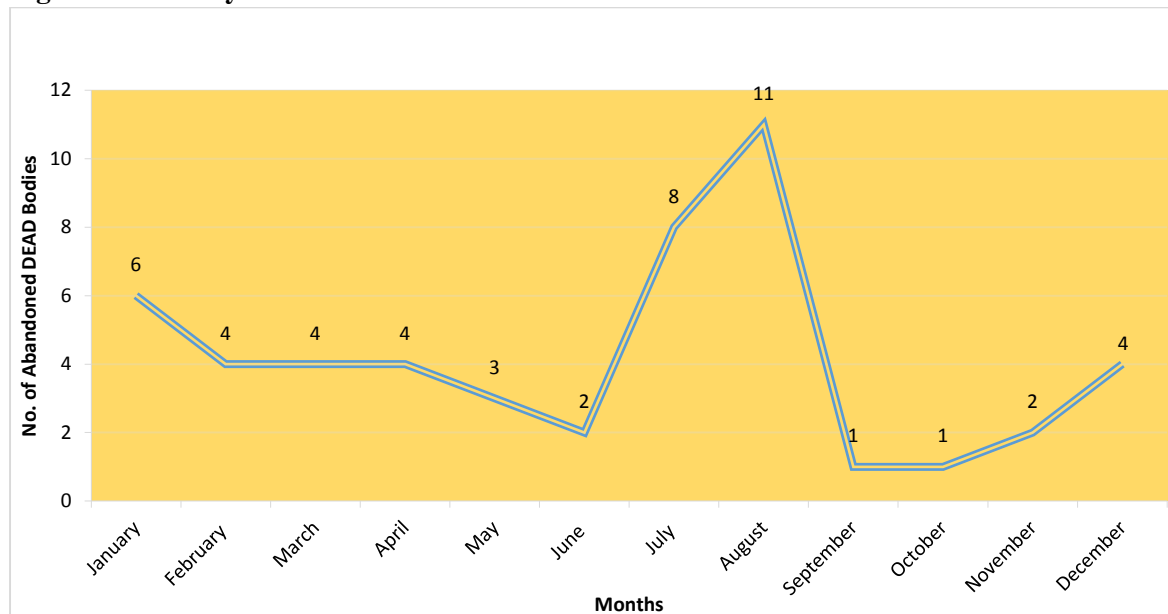
The line graph compares monthly distribution of number of elderly (Dead+ Not dead) who faced various forms of abuses in the year 2015. A total of 79 elderly were abused in the year 2015. Among them 37 died and 42 survived.

- Out of 42 sustained after abuse, 21 were males and 21 were females.
 - Average age of victim is approximately 72 years whereas the corresponding figure for male and female are 69 years and 77 years respectively.
 - In 17 (45.9%) cases the culprits were victims’ own family members.
 - 9 (24.3%) culprits were villagers, 7(19%) were unknown and 4(10.8%) were neighbours.
 - January and April months witnessed maximum abuse cases 5/5 cases on each.
 - Rupandehi, Rauthat and Sarlahi districts had maximum no. of abuse cases 3 cases in each. Similarly, Saptari and Jhapa districts had two cases on each.
- For details see annex table no. 8.

8. NEGLECT

Neglect is the failure of a caregiver to fulfill his/her care giving responsibilities to provide needed care to the elderly. However, this report provides data of the unattended deaths of older people caused by negligence.

Figure 7: Monthly Distribution of Abandoned Dead Bodies Found in 2015



Source: Annex Table 9

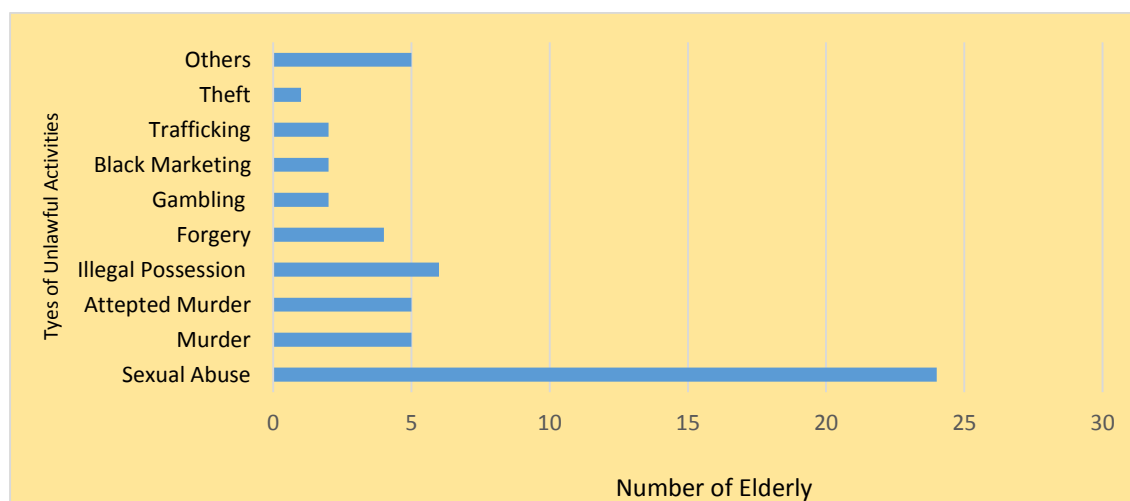
The graph demonstrates the monthly distribution of abandoned dead bodies of elderly found in the year 2015. A total 50 abandoned dead bodies of senior citizens were found in different parts of the country.

- Among them 38 were males and 12 were females.
- The more no. of dead bodies were found in the month August (11), July (8) and January (6).
- Average age of male and female who met unattended death was 71 years and 72.1 years.
- The number of abandoned dead bodies in the year 2015 is less by 12 compared to the previous year.(62)

9. ELDERLY IN CRIME

This section entails the no. of senior citizens involved in various crimes such as rape, illegal possession of weapons, murder and so on.

Figure 8: Monthly Distribution of Elderly involved in Various Forms of Unlawful Activities



Source: Annex Table 10

The given bar graph indicates the number elderly who involved in various unlawful activities in the year 2015.

- A total of fifty six cases were reported in 2015 where senior citizens were found involved in unlawful activities.
- Most (50) of the senior citizens involved in illegal activities were males.
- 24 senior citizens were held for sexual abuse.
- 6 were held for illegal possession of weapons, drugs and gold.
- 4 were napped for forgery.
- 5/5 were held for murder and attempted murder.
- 2/2 were arrested for gambling and black marketing.
- 2 were held for trafficking.
- 1 was held for theft.
- 5 were held for other crimes.

10. WINTER WOES

A total of 15 news were about those elderly who died due to freezing cold in the year 2015.

- Among them 9 were males and 6 were females
- Majority of victim (9) were from earth-quake hit Dolakha district.
- No news was reported except in the month of January and December.

REFERENCE

AN. (2015). Voice of Senior Citizens (VoSC). Kathmandu: Ageing Nepal. Vol. 1 to 12 (January to December 12 copies).

AN. (2015). Profile 2011 to 2015. Kathmandu: Ageing Nepal
<http://ageingnepal.org/>

ANNEX TABLE

1. ADVOCACY

Table1:No. of Advocacy Programmes Organized in 2015 to Support OAHs and Senior Citizens

S.N.	Organizer (individual/ organization)	Where	What	When	Month
1.	Civicus Alliance	Kathmandu	Ageing Nepal participated in the global launching of action/2015 campaign with the theme of "Mainstreaming of Ageing Population for Sustainable Development."	15	January
2.	HelpAge International Nepal	Kathmandu	Organized Advocacy Meeting between National Senior Citizens Federation and Ageing Nepal	3	February
3.	Government of Nepal (CDO)	Kathmandu	Organized a meeting to provide discount in public transportation for elderly	5	
4.	District Development Committee	Kalikot	Held a Meeting to implement the Senior Citizen Act 2006	7	
5.	National Federation of Senior Citizens	Sunsari	Organized a meeting to review Senior citizens' plan and Training of trainers to caregiver.	13	
6.	HelpAge International Nepal and HelpAge International South Asia Regional Office	Kathmandu	Organized a Disaster Risk Reduction (DRR) training and planning workshop	27	
7.	HelpAge International	Kathmandu	Ageing Nepal participated in global thunderclap event, action/2015All Ages	22	May
8.	HelpAge International	Kathmandu	Organized a event to address post-earthquake issues in Nepal	25	
9.	Ageing Nepal	Kathmandu	Organized a campaign to mark WEED, 2015	16	June
10.	CIVICUS	Kathmandu	Ageing Nepal participated in Financing for (FfD) Development Campaign	-	
11.	Ageing Nepal	Kathmandu	Observed International Youth Day	-	August
12.	Ageing Nepal	Switzerland	Registered Ageing Nepal Switzerland	-	
13.	Ministry of Women, Children and Social Welfare, Hope Hermitage Nepal and Ageing Nepal	Kathmandu	Observed World Alzheimer's Day	24	September
14.	CIVICUS	Kathmandu	Ageing Nepal participated "Light The Way" event.	25	
15.	Ageing Nepal	Kathmandu	Oriented Rotaracts about the relevancy of "International Day of Older Persons" and "Sustainable Development Goals".	26	
16.	Ageing Nepal	Kathmandu	Launched Weekly Radio Programme on Ageing	1	October
17.	Ageing Nepal	Kathmandu	Observed International Day for Older Persons (IDOP), 2015	1	
18.	CIVICUS	Kathmandu	Ageing Nepal Participated Global Climate March Campaign involving senior citizens.	29	November
19.	Ageing Nepal and HelpAge International	Kathmandu	Observed International Human Rights Day	10	December

Note: No news was reported in the months of March and April

2. SOCIAL SUPPORT

Table 2:No. of Programmes Organized to Felicitate Senior Citizens in 2015.

S.N.	No. of elderly	Age group	Gender	By whom	Where	When	Month
1.	30	+60	N/A	Manandhar Sewa Samiti	Kathmandu	1	January
2.	20	+80	Both	Ituwa Free Clinic	Kathmandu	4	
3.	3	+90	M	Constituent Assembly Member	Kathmandu	20	February
4.	NA	+75	Both	NA	Parbat	9	March
5.	36	+70	Both	District Health Office	Pyuthan	17	
6.	21	+70	Both	Chief Monk Soviet Mahasthabir	Kathmandu	19	
7.	NA	NA	Both	Dhapasi Jagaran Samaj(CBO)	Kathmandu	4	July
8.	17	+85	Both	The Chief District Officer	Bhojpur	12	
9.	1	78	M	Nai Dhanrup Prize	Kathmandu	25	August
10.	4	NA	F	Senior Citizen Society	Sunsari	15	October
11.	3	90+	M	Nepal Magar Association	Parbat	15	December

Note: No news was reported in the month of April, May, June September and November

March: Unknown number of felicitated elderly in Parbat event; July: Unknown number of felicitated elderly in an event of Kathmandu.

Table 3:No. of Programmes Organized to Support OAHs and Elderly in 2015

S.N.	Beneficiary		Address (District)	By whom	What	When	Month
	OAH	Non- residents					
1.	-	Senior Citizens of Damak	Jhapa	Individual (singer)	Sang songs for elderly	7	January
2.	-	Senior Citizens of 2 Districts	Chitwan and Makwanpur	Individual (Former Chairman of NRN Association)	Donated Blankets	9	
3.	-	Seniors Citizens of 3 VDCs(Dandakharka, Gogane and Agara)	Makwanpur	District Health Office	Provided Free Health Check-Up and Umbrellas	12	
4.	Local OAH	-	Kanchanpur	Students	Donated Fridge and Food	16	
5.	Local OAH	-	Kathmandu	Women Group	Donated Food	18	
6.	-	Local Senior Citizens	Dhading	Navintam Nepal ko Samaj	Donated Blankets and Shirts	22	
7.	-	Local Senior Citizens	Bhaktapur	Suryabinayak Municipality Committee	Donated Blankets	25	
8.	-	Local Senior Citizens	Lalitpur	Day Care Center of Bhadgaun	Provided Meeting spot	26	
9.	Paropakar and Anusandhan OAH	-	Jhapa	Individual (Actor)	Donated Heater and Television	1	February
10.	Mai Bhagawati OAH	-	Illam	Generous Couple	Donated Blankets	11	
11.	-	Senior Citizens	Chitwan	Generous People	-	18	

12.	Elderly Of Nisahaya Sewasadan OAH	-	Kathmandu	Students of International School of Tourism and Hotel Management	Donated Blankets and Horlicks	21	
13.	-	Senior Citizens living near religious place	Sankhuwasa bha	Nepal Women Organization	Donated 20 kg Horlicks	9	March
14.		Destitute Elderly	Kanchanpur	Human Rights Commission	Rescued from cowshed	10	
15.	Buwaneshore Bridha Sewa Aashram (OAH)	-	Sarlahi	District Police Office	Donated Necessary Materials and Food Stuff (bed sheets, sugar and rice)	12	
16.	Om OAH	-	Makwanpur	Facebook Beauties	Donated Furniture	18	
17.	-	Local Senior Citizens	Okhaldhunga	Parliamentarian	Donated Rs. 10,000	23	
18.	OAH	-	Tanahun	Shayau Hatharu(social organization)	Donated Food Stuffs	27	
19.	-	Senior Citizens living near Manakamana Temple	Sankhuwasa bha	Generous Family	Donated Blankets and Foods	3	
20.	-	Destitute Senior Citizen	Chitwan	Generous People	Donated Cloth, Foods, Shoes and Money	9	
21.	-	Local Senior Citizens	Dhankuta	Generous People	Donated Food Stuffs and Revolving Fund	9	
22.		Senior Citizens Living in Modi Beni (Religious place)	Parbat	Government and Local	Provided Drinking Water facility	18	
23.	Local OAH	-	Lamjung	Individual	Donated Fruits, Sweets and Clothes	19	
24.	-	Earthquake victims elderly of 3 VDCs (Sipadole, Balkot and Gundu)	Kathmandu	Women for Human Rights	Donated Cash (Rs.7,500 to each elderly)	9	May
25.	-	Elderly Couple	Panchthar	Villagers	Provided Shelter	23	
26.		Local Elderly Mothers	Lamjung	Individual (Folk Singer)	Entertained	31	
27.	-	Local Senior Citizens	Kavre	Youth Team	Helped to rebuild House	6	
28.	-	Earthquake victims elderly of 3 VDCs (Gosryang, Ratmate and Gerku)	Nuwakot	HelpAge International Nepal	Distributed Relief amount (Rs. 7000 to each elderly)	7	
29.	-	Elderly People	NA	Ministry of Federal Affairs and Local Development	Donated Radio	13	July
30.		Earthquake victims Elderly	Kathmandu	Youths	Helped to rebuild shelter	14	

31.		Earthquake victims Elderly	Kathmandu	Chaudhari Group	Handed over transitional home	15	
32.	-	Elderly People	Kathmandu	Bayodha Hospital	Distributed Health Card	27	
33.	Elderly of Pashupati OAH	-	Kathmandu	Free Youth Democratic Union and Embassy of India	Donated Food, Clothes and Medicine	10	August
34.	-	Elderly People	Kathmandu	Lions Club of Kathmandu, Member of Parliament and other individual	Donated Cash (Total worth Rs. 1,20,000)	4	September
35.	Devghat OAH	-	Chitwan	Individual (British Citizen, Robert Dukan)	Donated Cash (Rs. 150,000)	19	October
36.	-	Destitute Elderly	Gorkha	Generous People	Donated Cash (Total worth Rs. 35,000)	29	
37.	-	Earthquake affected elderly	Sindhupalchok and Nuwakot	Community Self Reliance Center (CSRC) and Help Age International Nepal	Zinc Sheets and construction Materials	26	
38.	Padma Bhuwanewori OAH	-	Kathmandu	Mahalaxmi Finance Limited	Distributed Blankets	30	
39.	Satya Sai OAH	-	Rupandehi	Individual	Donated Cash (Rs. 50,000)	9	December
40.		Destitute Elderly	Panchthar	Community	Donated Cash and Goods (Total Worth Rs 24,735)	15	
41.	Pokhara OAH	-	Kaski	Individual	Donated Cash (Rs.60,101)	15	
42.	OAH	-	Kaski	Individual	Donated Cash (Rs. 55,000)	15	
43.	-	Hope Hermitage Nepal	Kathmandu	Saraswati Raj Narayan Institute	Cash (Rs. 55,000)	16	
44.	-	Senior Citizens	Kathmandu	The Rising Creators	Provided Painting Training	22	
45.	-	Senior Citizens	Dolakha	Individual (Actor)	Distributed Blankets	24	
46.	Shiva Parbati OAH	-	Syangja	Lions Club of Pokhara	Cash(Rs. 60,000) and goods	29	

Note: No news was reported in the month of November.

Table 4: Efforts Made to Establish OAHs in 2015.

S.N	Name of OAH /Day Care Center	Address	Effort made by	What effort	Status	When	Month
1.	Sankhu OAH	Kathmandu	Generous People	Collected fund to build OAH by organizing religious function	Planning	29	January
2.	-	Sunsari	Locals of Itahari	Collected fund to complete construction of OAH by organizing Puran(a Hindu Religious Function)	Planning	9	February

3.	Senior Citizens Clubs	Makwanpur	VDCs	-	Planning	23	March
4.	OAH	Kathmandu	-	Organized Shreemad Bhagawat Purana (A religious function of Hindu) to raise fund	-	10	
5.	NA	Lalitpur	Locals	Religious Function	Planning	22	April
6.	OAH	Tanahu	Senior Citizens' Home	Purchased land to build OAH	Planning	28	October

Note: No news was reported in the months of May, June, July, August, September, November and December.

3. SOCIAL SECURITY

Table 5: Difficulties in Receiving OAA

S.N	Where	Reason	When	Month
1.	Jajarkot	OAA misused by administration	19	January
	Chitwan	Lack of Senior Citizenship Certificate	25	
2.	Parbat	Ineffective banking system	9	February
3.	Baitadi	Ineffective banking system	22	
4.	Kalikot	Ineffective banking system	21	
5.	Baglung	OAA distribution system through bank halted	19	June
6.	Dang	Ineffective banking system	6	July
7.	Okhaldhunga	Ineffective banking system	29	
8.	Dhankuta	Lack of Citizenship Certificate	29	
9.	Dhading	Ineffective banking system	27	August
10.	Jajarkot	Negligence and delayed by concerned government staffs	18	October
11.	Nawalparasi	Month Long Strike	7	November

Note: No news was reported in the months of March, May, and September and December

4. ACTIVE AGEING

Table 6: Elderly active in their personal/social life

S.N.	Sex	Age	Address	Actively involved in	Month
1.	M	83	Dailekh	Farming	January
2.	Both	67	Dailekh	Attending Classes of Informal Education	
3.	M	80	Kailali	Preserving the Dolphins	
4.	M	74	Makwanpur	Constructing Mills	
5.	M	71	Baitadi	Working 10 hours in a day (Sewing Cloths)	February
6.	F	67	Dadeldhura	Attending Literacy Class	
7.	M	78	Illam	Donated Rs 26,000 to build OAH	
8.	F	87	Dolakha	Built Toilet	March
9.	F	71	Illam	Appeared in SLC exam	
10.	F	62	Dolakha	Attending literacy class	
11.	F	66	Tanahun	Fish Farming	April
12.	M	66	Syangja	Studying at Grade 8	
13.	F	70	Gorkha	Looking after 7 years child	
14.	M	80	Kathmandu	Preparing to Climb Mt. Everest	
15.	M	80	Kathmandu	Collecting Garbage to sustain	

16.	M	66	Gorkha	Mobilized youth to help earthquake Victims	May
17.	M	78	Dolakha	Popular as civil engineer	
18.	F	74	Sankhuwasabha	Recorded Songs	June
19.	M	61	Gulmi	Built house for himself which was destroyed by earthquake	
20.	F	76	Rukum	Advocating for Clean Environment and Ensuring Maternity Health	
21.	Both	60+	Rauthat	Road construction (Group of elderly)	
22.	F	60+	Makwanpur	Involved in Income generating activities (Group of elderly women)	
23.	F	113	Nuwakot	Living active and healthy life	July
24.	M	60	Illam	Farming	August
25.	M	67	Tanahun	Planting and selling grass	
26.	M	75	Kathmandu	Writing book on Nepali folk songs	
27.	F	80	Bhaktapur	Attending literacy class	
28.	F	87	Chitwan	Donated Rs 72 Million for charity and also established "Maiya Devi Trust Nepal"	
29.	M	68	Kaski	Promoting folk culture	September
30.	F	70	Kathmandu	Selling grains	November
31.	M	103	Jhapa	Living active and healthy life	
32.	F	84	Rupandehi	Donated money to schools (Rs. 5,00,000)	
33.	M	102	Kanchanpur	Donated land to organization (Land worth Rs. 7,00,000)	

No news was reported in the months of October and December

5. RIGHT

Table 7: Elderly and the citizenship certificate

S.N.	Age	Sex	Place	Status	Received from	Month
1.	83	F	Rauthat	Received Citizenship Certificate	-	June
2.	77	M	Dhankuta	Received	DAO	December
	97	F	Dhankuta	Citizenship Certificate	Village Secretary	

Note: No news was reported in the months of January, February March, April, May, July, August, September, October and November

6. EMERGENCY

Table 8: Elderly Died of Emergency and Hazardous Situations

S.N.	Age	Gender	Address	Cause (detail)	Date	Month
1.	69	F	Manang	Snowfall	4	January
2.	65	F	Gorkha	Burnt	10	
3.	60	F	Saptari	Drown	22	
4.	70	M	Kathmandu	Burnt	24	
5.	65	M	Kavre	Burnt	26	
6.	65	M	Parsa	Fire/Burnt	14	February
7.	71	F	Kathmandu	Burnt	15	March
8.	70	F	Lalitpur	Fire	3	June

9.	62	M	Kavre	Fire	28	December
10.	75	F	Kaski	Fire	28	

Note: No news was reported in the months of April, May, July, August, September, October and November.

Table 9: The no. of Elderly Who Sought Emergency Support in the year 2015

S.N.	Where	Reason	When	Month
1.	Makwanpur	Empty nest syndrome	10	February
2.	Chitwan	Homeless	14	
3.	Baglung	Empty nest syndrome	17	March
4.	Surkhet	Flood	31	
5.	Baglung	Homeless	11	April
6.	Palpa	Homeless	17	
7.	Pyuthan	Empty nest syndrome	17	
8.	Kaski	Homeless	18	
9.	Tanahu	Earthquake	1	May
10.	Kathmandu	Earthquake	1	
11.	Chitwan	Earthquake	2	
12.	Sindhupalchowk	Earthquake	3	
13.	Gorkha	Earthquake	9	
14.	Makwanpur	Earthquake	11	
15.	Lamjung	Earthquake	11	
16.	Sindhupalchowk	Earthquake	12	
17.	Gorkha	Earthquake	12	
18.	Kathmandu	Earthquake	17	
19.	Sindhupalchowk	Earthquake	31	
20.	Lamjung	Helpless	31	June
21.	Kathmandu	Earthquake	4	
22.	Sindhupalchowk	Earthquake	5	
23.	Nuwakot	Earthquake	6	
24.	Gorkha	Earthquake	6	
25.	Gorkha	Earthquake	7	
26.	Gorkha	Earthquake	10	
27.	Gorkha	Earthquake	14	
28.	Sindhupalchowk	Earthquake	-	
29.	Kathmandu	Earthquake	5	July
30.	Kathmandu	Earthquake	11	
31.	Kathmandu	Earthquake	11	
32.	Morang	Helpless	12	
33.	Dhading	Earthquake	31	August
34.	Palpa	Earthquake	2	
35.	Sindhupalchowk	Landslide	2	
36.	Kathmandu	Missing Elderly	18	
37.	Sunsari	Agitation	22	
38.	Sindhupalchowk	Earthquake	13	September
39.	Lamjung	Helpless	15	
40.	Rupandehi	Helpless	24	October
41.	Pyuthan	Helpless	5	
42.	Kathmandu	Earthquake	6	
43.	Gorkha	Bridge Makes an Elderly Unemployed	14	November
44.	Bhaktapur	Earthquake	11	
45.	Kathmandu	Agitation	15	
46.	Gorkha	Elderly Doubts the Prime Minister (replace rope way by suspension bridge)	22	

47.	Kathmandu	Agitation	27	December
48.	Kathmandu	Earthquake	28	
49.	Achham	Dire Need of Suspension Bridge	17	
50.	Lalitpur	Agitation	18	
51.	Myagdi	Agitation	20	
52.	Nuwakot	Earthquake	20	
53.	Rolpa	Helpless	26	
54.	Bhaktapur/Sindhupalchowk	Earthquake	31	

Note: No news was reported in the month of January.

7. ELDER ABUSE

Table 10: Elderly Died of Physical Abuse in 2015

S.N.	Dead Due to Abuse						
	Age	Sex	Address	Reason	Culprit	Types of abuse	Month
1.	70	M	Tanahu	Unknown	Son-in-law	Physical	January
2.	68	F	Dhanusha	Unknown	Son	Physical	
3.	60	M	Dang	Family Dispute	Son	Physical	
4.	65	M	Morang	Water Dispute	Neighbour	Physical	
5.	68	F	Jhapa	Family Affair	Son	Physical	February
6.	70	M	Saptari	Witchcraft	Unknown	Physical	
7.	60	M	Palpa	Personal Affair	Villager	Physical	
8.	79	M	Rupandehi	Personal Affair	Neighbour	Physical	
9.	60	F	Rupandehi	Family Dispute	Son	Physical	March
10.	87	F	Lamjung	Dispute(Money)	Villager	Physical	
11.	77	F	Sankhuwasabha	Family Dispute	Daughter- in- law	Physical	
12.	60+	F	Baitadi	Family Dispute	Son	Physical	
13.	105	M	Baglung	Family Dispute	Daughter	Physical	April
14.	70	F	Saptari	Personal Affair	Villager	Physical	
15.	60	M	Rauthat	Robbery	Unknown	Physical	
16.	80	F	Lamjung	Family Dispute	Grandson	Physical	
17.	65	M	Sarlahi	Personal Affair	Villager	Physical	May
18.	60	M	Rupandehi	Family Dispute	Brother	Physical	
19.	83	M	Syangja	Family Dispute	Son	Physical	
20.	72	M	Chitwan	Family Dispute	Son	Physical	
21.	60	M	Rauthat	Land Dispute	Unknown	Physical	June
22.	71	M	Kailali	Personal Affair	Villager	Physical	
23.	82	F	Jhapa	Unknown	Grandson	Physical	
24.	70	M	Siraha	Land Dispute	Unknown	Physical	
25.	70	M	Bhaktapur	Dispute	Unknown	Physical	July
26.	60	M	Sarlahi	NA	Son	Physical	
27.	65	M	Dailekh	NA	Villager	Physical	
28.	70	M	Rauthat	Family Affair	Son and Daughter-In-Law	Physical	
29.	84	M	Dhading	Unknown	Son and Daughter-In-Law	Physical	August
30.	70	M	Sankhuwasabha	NA	Villager	Physical	
31.	63	M	Okhaldhunga	NA	Unknown	Physical	

32.	76	F	Tanahun	Unknown	Neighbour	Physical	October
33.	72	F	Syangja	Personal Affair	Son	Physical	
34.	65	F	Kavre	Unknown	Unknown	Physical	
35.	64	M	Salyan	Personal Dispute	Villager	Physical	November
36.	65	M	Mahotari	Dispute	Villager	Physical	
37.	70	M	Sarlahi	Personal Affair	Neighbour	Physical	

Note: No news was reported in the months of December.

Table 11: Elderly Survived after Abuse

S.N.	Not Dead						
	Age	Sex	Address	Reason	Culprit	Types of abuse	Month
1)	65	M	Banke	Unknown	Villager	Physical	January
2)	66	M	Dhanusha	Unknown	Son	Physical	
3)	68	F	Dhanusha	Unknown	Son	Physical	
4)	72	M	Illam	Property	Son	Physical	
5)	85	F	Lalitpur	Theft	Unknown	Financial	
6)	69	F	Rasuwa	Dispute	Nephew	Physical	
7)	75	M	Rasuwa	Witchcraft	Nephew	Physical	
8)	63	F	Kathmandu	Theft	Unknown	Financial	
9)	75	F	Parbat	Forgery	Son	Financial	
10)	60	F	Kailali	Witchcraft	Neighbour	Psychological	
11)	65	M	Mahottari	Family Dispute	Son	Physical	
12)	84	F	Ramechhap	Theft	Unknown	Financial	
13)	60	F	Rupandehi	Theft	Unknown	Financial	
14)	60	M	Morang	Unknown	Unknown	Physical	
15)	67	F	Kavre	Witchcraft	Neighbour	Physical	
16)	62	M	Gorkha	Blind Faith	Villager	Psychological	March
17)	61	F	Gorkha	Blind Faith	Villager	Psychological	
18)	65	F	Makwanpur	Personal Affair	Husband	Physical	
19)	90	F	Baglung	Family Dispute	Daughter	Physical	
20)	82	F	Salyan	Family Dispute	Daughter-In-Law	Physical	
21)	73	M	Kathmandu	Forgery	Unknown	Financial	
22)	63	M	Nuwakot	Burglary	Unknown	Financial	
23)	60	F	Gorkha	Personal Affair	Grandson	Physical	April
24)	63	M	Rasuwa	Robbery	Unknown	Financial	
25)	66	M	Makwanpur	Property Dispute	Brother	Physical	June
26)	62	M	Kathmandu	Robbery	Unknown	Financial	
27)	65	F	Rauthat	Witchcraft	Neighbor	Psychological	July
28)	60	F	Saptari	Witchcraft	Villager	Physical	
29)	65	M	Siraha	Caste Discrimination	Villager	Psychological	August
30)	65	M	Kavre	Burglary	NA	Financial	
31)	65	M	Illam	Theft	NA	Financial	September
32)	63	M	Kathmandu	-	Son	Financial	
33)	63	M	Kathmandu	Family Affair	NA	Financial	
34)	89	F	Kathmandu	Property Dispute	Son and Daughter-In-Law	Financial	
35)	73	F	Rupandehi	Burglary	Unknown	Financial	

36)	72	F	Nawalparasi	Rape	Unknown	Sexual	October
37)	65	F	Kavre	Unknown	Unknown	Physical	
38)	92	M	Gorkha	Unknown	Daughter	Financial	
39)	61	M	Kathmandu	Unknown	Neighbour	Physical	November
40)	80	M	Dolakha	Unknown	Villager	Physical	
41)	60	F	Dolakha	Unknown	Villager	Physical	
42)	60	M	Morang	Unknown	Unknown	Physical	December

Note: No news was reported in the month of May

8. NEGLECT

Table 12:No. of Abandoned Dead Bodies Found

S.N.	Abandoned Dead Bodies Found			
	Age	Sex	Death of place	Month
1)	60	M	Gulmi	January
2)	75	M	Kathmandu	
3)	60	M	Bara	
4)	60	M	Kathmandu	
5)	61	M	Lalitpur	
6)	75	M	Rupandehi	
7)	62	M	Dolakha	February
8)	60	M	Taplejung	
9)	71	M	Sindhuli	
10)	60	F	Morang	
11)	69	M	Kathmandu	March
12)	66	F	Palpa	
13)	60	F	Dolakha	
14)	61	M	Surkhet	
15)	60	M	Bhaktapur	April
16)	60	F	Sunsari	
17)	85	F	Sindhupalchowk	
18)	71	F	Kathmandu	
19)	65	F	Jhapa	May
20)	82	F	Baitadi	
21)	82	F	Jhapa	
22)	102	M	Kaski	June
23)	61	M	N/A	
24)	60	M	Udayapur	July
25)	80	M	Makwanpur	
26)	65	M	Sarlahi	
27)	80	M	Bhaktapur	
28)	66	M	Kathmandu	
29)	63	M	Kathmandu	
30)	65	M	Kavre	
31)	65	M	Makwanpur	
32)	83	M	Khotang	

33)	70	M	Arghakhanchi	August
34)	75	M	Tanahu	
35)	83	M	Okhaldunga	
36)	82	F	Rupendehi	
37)	65	F	Bajura	
38)	88	F	Dolakha	
39)	60	M	Bara	
40)	60	M	Rauthat	
41)	88	M	Dhading	
42)	70	M	Kathmandu	
43)	68	M	Saptari	September
44)	60	M	Dhanusha	October
45)	85	M	Kathmandu	November
46)	81	M	Dang	
47)	75	M	Bhaktapur	December
48)	70	M	Bhaktapur	
49)	70	M	Makwanpur	
50)	60	M	Nawalparasi	

9. ELDERLY IN CRIME

Table 13: No. of Elderly Found Involved in Unlawful Activities

S.N.	Age	Sex	Address	Crime	Month
1.	89	M	Bardiya	Rape (minor)	January
2.	70	M	Jhapa	Rape(minor)	
3.	60	M	Rasuwa	Illegal possession	
4.	65	M	Kanchanpur	Illegal possession	
5.	65	M	Solukhumbu	Rape	February
6.	90	M	Rasuwa	Murder	
7.	80	F	Rasuwa	Murder	
8.	64	F	Sindhupalchowk	Murder	
9.	63	M	Dang	Murder	
10.	73	F	Kathmandu	Forgery	
11.	60	F	Sindhupalchowk	Illegal Possession	
12.	76	M	Arghakhachi	Rape(minor)	March
13.	82	M	Dolakha	Rape(minor)	
14.	65	M	Makwanpur	Attempted murder	
15.	62	M	Kaski	Rape(minor)	
16.	78	M	Banke	Rape(minor)	
17.	70	M	NA	Rape	
18.	60	F	Syangja	Attempted murder	April
19.	60	F	Kathmandu	Girls Trafficking	
20.	70	M	Kathmandu	Forgery	
21.	70	M	Kathmandu	Gambling	

22.	60	M	Sarlahi	Illegal possession of drug	May
23.	65	M	Morang	Rape(minor)	
24.	63	M	Kathmandu	Involved in black market	
25.	62	M	Kathmandu	Involved in Black Market	
26.	68	M	Dadeldhura	Illegal possession of weapons	
27.	72	M	Kathmandu	Attempted murder	
28.	70	M	Siraha	Rape(minor)	June
29.	60	M	Lalitpur	Illegal possession of rare Tortoise	
30.	60	M	Illam	Attempted murder	July
31.	70	M	Mahottari	Rape(minor)	
32.	86	M	Kavrepalanchowk	Rape(minor)	
33.	64	M	Sunsari	Forgery	
34.	70	M	Sindhuli	Rape(minor)	
35.	73	M	Dolakha	Rape	
36.	76	M	Bhaktapur	Rape(minor)	
37.	60	M	Lalitpur	Forgery	
38.	80	M	Dhankuta	Murder	
39.	62	M	Dhanusha	Rape(minor)	
40.	61	M	Khotang	Rape	
41.	72	M	Kathmandu	Rape(minor)	August
42.	NA	M	Makwanpur	Rape(minor)	
43.	60	M	Banke	Rape(minor)	
44.	88	M	Makwanpur	Rape(minor)	September
45.	64	M	Kathmandu	Illegal possession of gold	
46.	73	M	Sarlahi	Attempted murder	October
47.	77	M	Kavre	Rape	
48.	70	M	Parsa	Theft	
49.	62	M	Dhading	Drug Smuggling	November
50.	62	M	Jhapa	Gambling	
51.	60	M	Makwanpur	Rape	December
52.	NA	M	Jhapa	Rape	
53.	64	M	Kathmandu	Black marketing	
54.	64	M	Kathmandu	Black marketing	
55.	73	M	Makwanpur	Illegal possession of weapons	
56.	73	M	Terhathum	Setting fire at home	

10. WINTER AND OLDER PEOPLE

Table 14: No. of Older People Died due to Freezing in the Various Part of the Country

S.N.	No. of Elderly Died	Age	Sex	Place	Month
1.	1	65	F	Parsa	January
2.	1	70	M	Rauthat	
3.	1	65	M	Saptari	
4.	1	60	M	Saptari	
5.	1	66	F	Sindhupalchowk	
6.	1	95	M	Dolakha	

7.	1	86	M	Dolakha	December
8.	1	83	F	Dolakha	
9.	1	68	M	Dolakha	
10.	1	79	F	Dolakha	
11.	1	60	M	Bajura	
12.	1	73	M	Dolakha	
13.	1	82	F	Dolakha	
14.	1	68	F	Dolakha	
15.	1	70	M	Dolakha	

Note: No news was reported in the months of February, March, April, May, June, and July