

YEAR BOOK OF SENIOR CITIZENS 2017



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MESSAGE FROM THE CHAIRPERSON



I am delighted that finally we have the 4th issue of year book of senior citizens. Absence of integrated data on the concerns of ageing population has been the major bottleneck for policy makers, academia and the practitioners alike for long. Ageing Nepal has been able to contribute in filling this ever existing gap with the kind support and guidance from all our colleagues.

Number presented in this book are important not for their accuracy of counting but the indicator of magnitude of concern of Nepali societies, represented by media and police report of the year 2016. I take this opportunity, to thank Ms. Sanju T. Magar and Ms. Pabitra Adhikari for their hard work in bringing out this book.

I look forward to receiving comments and suggestions by users of this data set so that we could further serve with better disintegrated time series data on senior citizens of Nepal.

Krishna M. Gautam
Founder Chairperson
Ageing Nepal
May 2017

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CHAPTER I

INTRODUCTION

A group of Nepali social workers with varied professional background got committed to the cause of the ageing population and together established AGEING NEPAL (AN) in August 2011.

Ageing Nepal is a not-for-profit Non-Government Organization (NGO) registered with the government of Nepal and is also affiliated to Social Welfare Council (SWC). Ageing Nepal is a member based organization operated by trustees, member representatives and professionals. It draws on its wide network of members and professionals in and out of the country for accomplishment of a task with high degree of professionalism.

Objectives

- To link ageing population and societal development by treating ageing as an opportunity for development
- To establish sustainable system of social protection to guard against poverty in old age
- To promote healthy, active and productive ageing through promotion of volunteerism among elders in particular
- To meet the growing demands of access to quality health care, including long-term care for the elderly
- To promote age-friendly environment
- To work with the government and other national and international organizations for the promotion of elders' wellbeing

Mission

- Empowerment of elders and promotion of their rights
- Generate research based information to help policy makers and planners
- Produce trained human resources in the field of Gerontology and Geriatrics
- Take proactive measures against elder abuse and exploitation
- Work as watchdog to safeguard the interests of ageing population

Vision

With a life time of hard work, senior citizens of today deserve a dignified and care for old age, not as a charity from the younger generation but as the rights of their own. As elders are the living history of a society, it is very important to utilize their knowledge, skills and experience for socio-economic development. Today's youth should be able to plan for their happy old age and today's elders should get a dignity and care for life. It is the vision of Ageing Nepal that elders of Nepal will have such environment with facilities and services to suit their personal needs, capacity and the taste.

Major Areas of Work

Awareness Building: Ageing Nepal publishes and disseminates materials as awareness building. It works with state and private media, social and professional groups as well.

Consultancy Services: The available expertise and its large network of professionals make Ageing Nepal a suitable organization for developing concept papers, project proposals, conduction of research, survey, workshop/seminar, policy formulation, programme/project planning, implementation, monitoring, evaluation and other such activities for scientific investigation that are related to ageing population and their wellbeing.

Human Resource Development: Ageing Nepal is poised to provide trainings for different groups namely health workers, teachers, old age home managers, caregivers and other interest groups. Ageing Nepal works with academic institutions to promote research and teaching on ageing issues.

Ongoing Regular Activities

- Production of monthly e-newsletter Voice of Senior Citizens
- Publication of bi-monthly Nepali magazine on ageing JyesthaNagarik
- Research and training in collaboration with academic institutions in and outside Nepal
- Advocacy and campaigning
- Working with Nepal Government and collaboration with I/NGOs and OPAs
- Publication of awareness building materials, development of training manuals and conduct trainings
- Observance of International Days of importance such as World Elder Abuse Awareness Day (WEAAD), World Alzheimer's Day, International Day of Older Persons (IDOP) and International Human Rights Day etc.

Major Achievements in Last Five Years

Ageing Nepal is thankful to the government organizations, its members and hardworking professionals who made it possible for Ageing Nepal for following achievements:

In the Year 2011

- a) Produced monthly e-newsletter "Voice of Senior Citizens".
- b) Published "Briddhoupanishad" (Upanishad for Senior Citizens) in Sanskrit with translation in Nepali and English.
- c) Published different IEC materials such as banners, pamphlets, stickers, placards, brochures, booklets and so on.
- d) Organized TV and Radio/FM talk shows.
- e) Published articles in national dailies, magazines and blogs.

- f) Participated in Help Age International South Asia Network Partners Regional Conference in Sri Lanka.

In the Year 2012

- a) Continued production of monthly e-newsletter "Voice of Senior Citizens" that is appreciatively received by more than four thousand concerned organizations and individuals across the globe. Voice of Senior Citizens is the only window available for English readers to get periodic news on the elderly of Nepal.
- b) Supported in completion of student thesis, "Effects of Migrants on Wellbeing of Ageing Population in Rural Nepal"
- c) Published New Year Calendar containing motivational message of senior citizens in Nepal in collaboration with HelpAge International Nepal and Nepal Participatory Action Network (NEPAN)
- d) Participated in capacity building workshop to support National Policy.
- e) Participated in the regional workshop on ageing in Asia and Pacific held in Bangkok, Thailand.
- f) Published training manual for health workers concerning care of elderly in collaboration with Ministry of Health and Population (MoHP).
- g) Commemorated WEAAD in collaboration with the government, International Network for Prevention of Elder Abuse (INPEA) and national NGOs.
 - Conducted orientation/sensitization programmes concerning elder abuse and ageing population in different colleges of Kathmandu Valley. 223 undergraduate students of five colleges were sensitized.
 - 80 % of the Kathmandu population was reached with stickers, pamphlets, posters and booklets with messages on elder abuse.
 - 90% of Nepal population was reached with talk shows, interviews, dramas and songs through National Radios (Nepal Radio, Sagarmatha FM, and Capital FM) and TVs (NTV and Sagarmatha TV) regarding elder abuse and neglect of older people.
 - Published articles regarding elder abuse and neglect of older people in national dailies, i.e., Gorkhapatra, Annapurna Post and Republica.
 - Produced soft copy of collection of Student Essays on Elder Abuse.
 - Many Civil Society Organizations (CSOs) like NEPAN, Sankalpa Nepal, Human Rights Alliance and National Senior Citizens Federation including National Human Rights Commission and Ministry of Women, Children and Social Welfare got committed to observe WEAAD at national level.
- h) Supported thesis of two Master's level students of University of Sheffield, concerning nutrition and depression among the elderly of Kathmandu (Pharping) area.
- i) Started publication of 50 paged bimonthly magazine "JyesthaNagarik" in Nepali with support from HelpAge International Nepal. This is the first and the only magazine of Nepal on ageing issues in national language.
- j) Celebrated the First National Festival of Senior Citizens on October 1, 2012 in coordination with Man Mohan Memorial Foundation, NEPAN and HelpAge International Nepal.

- k) Provided internship opportunity for students from Thames Int'l College, K&K Int'l College, Kathmandu Model College (KMC), National Integrated College (NIC), Kadambari Memorial College, Bright Vision Int'l College and Mega College.
 - l) Observed 64th World Human Rights Day with National Human Rights Commission (NHRC) and many other concerned organizations on 10th December.
 - m) Published the first ever data bank, Year Book of Senior Citizens Nepal-2012.
- In the 2013
- a) Continued production of monthly e-newsletter "Voice of Senior Citizens".
 - b) Continued publishing 50 paged bimonthly magazine "JyesthaNagarik" (Senior Citizens) in Nepali language.
 - c) Developed survey tools for Nepal Ageing Survey, 2013.
 - d) Played vital role in making government decide to include ageing issues (gerontology) in the curriculum of secondary level education.
 - e) Organized study tour for a senior government official from Bhutan.
 - f) Organized study tour for Aberdeen Rotracts.
 - g) Collaborated with GRAVIS, India, for a regional study on Health Status of Older People in Nepal, India, Pakistan, Sri Lanka and Bangladesh.
 - h) Organized different programmes in partnership with HelpAge International Nepal.
 - i) Organized a five-day long Memory Training: Enhancing Memory Power in Old Age in collaboration with Czech Society for Memory Training and Brain Jogging and European, Federation of Older People (EURAG).
 - j) Successfully ran the 'ADA for Rights 2013' campaign throughout the month of June with support from HelpAge International Nepal. Following are the achievements of the campaign:
 - 45,586 signatures were collected in the Petition Form by 28th of June 2013.
 - Quotes of 11 well known leaders from different facets of Nepali society were video recorded on the occasion of ADA campaign to strengthen the rights of older people through UN Convention.
 - Written quotes from 9 ADA leaders currently working on ageing issues in Nepal were obtained.
 - 100,000 copies of pamphlets were distributed throughout the country assuming that at least 50% of the recipients read one of the pamphlets handed out to them.
 - 5,000 copies of ADA stickers were produced and distributed throughout the country.
 - 50 copies of ADA banners were produced and placed in various public places for public awareness.
 - Telecasting of talk shows by 4 different National TV stations, with potential of reaching out to 90% of the total population of Nepal, with the central theme of "Strengthening the Rights of Older Persons through UN Convention".
 - Broadcasting of talk shows by 3 different National FM radios on ADA campaign for Rights 2013.
 - 30,000 people were reached twice with the objectives 'ADA campaign for Rights 2013' through the state print vernacular media, Gorkhapatra daily.

- 15,000 people were reached thrice with the message about importance of 'ADA campaign for Rights 2013' through state owned English print media, The Rising Nepal daily.
 - 12,000 people were reached with the central theme of strengthening the rights of older people through UN convention via Samacharpatra daily, a Nepali language private print media.
 - More than 15,000 people were reached with the message of 'ADA for Rights campaign 2013' through Annapurna Post daily.
 - Coordination and collaboration with Rotary International and Scout.
 - More than 30 organizations including Ministry of Women, Children and Social Welfare (MoWCSW), and National Human Rights Commission (NHRC) were coordinated and collaborated.
 - 12 academic institutions such as schools and colleges were involved in ADA campaign.
 - More than 500 volunteers including students, social workers, OAHs staffs and residents were mobilized.
 - 11 districts of Nepal, namely, Kathmandu, Lalitpur, Bhaktapur, Kavre, Dang, Ramechhap, Baglung, Syangja, Dhading, Gorkha and Chitwan were focused on signature campaign. More than 1,000 people were distributed WEAAD ribbons.
- k) Participated in 4th session of UN Open-Ended Working Group (OEWG) on Ageing as representative of NGOs working for wellbeing of ageing population in Nepal.
- l) Coordinated with NTV and Radio Nepal to run a regular programme on different concerns of ageing population.
- m) Successfully observed World Alzheimer's Month with the following achievements: 30,000 people reached with the message of World Alzheimer's Month (WAM) via state print media Gorkhapatra daily,
- 15,000 people were reached with important information regarding Alzheimer's disease and other forms of Dementia,
 - 80% of Nepal's population were reached with the information on WAM through Radio Nepal,
 - 50% of Nepal's population reached with message of WAM through Sagarmatha TV, At least 50% of Nepal's population reached with important message regarding Alzheimer's disease and WAM via Image Channel TV,
 - At least 272 young students were oriented on Alzheimer's disease and WAM,
 - At least 357 social workers/community leaders were reached with the message on WAM and Alzheimer's disease,
 - 30 national poets were oriented on Alzheimer's disease and WAM,
 - 457 health workers/nursing students received special training on Alzheimer/Dementia,
 - 4,500 individuals/organizations/institutions across the globe reached with the message on Alzheimer's and WAM through Voice of Senior Citizens,
 - At least 2,000 people were reached with message on Alzheimer's disease through pamphlets/leaflets/balloons,

- 2,000 individuals/organizations/institutions were reached with valuable information regarding Alzheimer's disease and WAM through JyesthaNagarik Magazine.
- n) Observed 23rd International Day of Older Persons with the following achievements:
- Organized an Inter-Generation Tea Party to mark the International Day of Older Persons, 2013, October 1,
 - A short video on the ongoing struggle of older persons for their Rights was released, First anniversary of JyesthaNagarik Magazine, Released country Report of World Alzheimer's Month,
 - Released slide on Status of Older Persons in Nepal, <http://www.ageingnepal.org.np/images/oldpeopleinnepal.pdf>
 - Released Memory Training Manual,
 - TV talk shows in two national televisions, namely, Nepal 1 TV and News 24 TV. It is estimated that about two hundred thousand Nepalese were reached with the message of IDOP 2013 through these TV stations,
 - Talk program in four different radio/FM, namely, Sagarmatha Radio, Image News FM, Mero FM and Community Information Network (CIN) radio. It is estimated that at least 50% of Nepal population were reached with the message of IDOP 2013 through these radio/FM stations,
- o) Successfully included issues of ageing population in the manifestoes of major political parties participating in the CA election 2013.
- p) Released a video titled "A City Not for Old People". The video depicts the plight of an elderly in Kathmandu city.
- q) Released a video on the Human Rights of older people to mark International Human Rights Day on 10 December, 2013.
- r) Futsal Tournament as a fund raising event was organized by young Non-Residential Nepali group, Nepcity Ballers in Melbourne, Australia. The collected fund was donated to Ageing Nepal.
- s) Inclusion of ageing issues in the curriculum of grade 1, 4 and 5 of the private primary schools in Nepal. Chapter titled, "Respect for Elders" has been included in the curriculum of grade 1,
- Chapters titled, "Senior Citizens", "Decent People" and "Grandfather's Tricks" have been included in the curriculum of grade 4,
 - Chapter titled, "Respecting Aged" has been included in the curriculum of grade 5,
- t) Inclusion of ageing issues in the curriculum of MA (Sociology).

In the year 2014

- a) Continued production of monthly e-newsletter "Voice of Senior Citizens".
- b) Continued publishing 50 paged bimonthly magazine "JyesthaNagarik" (Senior Citizens) in Nepali language.
- c) Continued partnership with HelpAge International Nepal,
- d) Established BKS Elderly Empowerment Fund worth Rs. One million donated by Mr. Bihari Krishna Shrestha.

- e) Upgraded Source Book Of Senior Citizens for Ministry of Health and Population (MoHP),
- f) Provided Internship opportunity for social work students.
- g) Produced Awareness Building Video.
- h) Sensitized general public through social networking sites, such as Facebook and Twitter.
- i) Published Year Book of Senior Citizens 2014.
- j) Prepared training manual for trainers on management of elderly citizens with financial support from Ministry of Health and Population.
- k) Observed WEAAD 2014
- l) Publication of data book, Ageing Scenario in Nepal: From Policy to Development with financial support from HelpAge International Nepal.
- m) Published Alzheimer's month special edition of JyesthaNagarik bi-monthly magazine.
- n) Produced and distributed IEC materials (pamphlet, poster, sticker, etc.) with central message on World Alzheimer's Month 2014 in collaboration with local NGOs and GOOD Deeds (a Russia based NGO working for older persons).
- o) Observed 24th International Day of Older Persons (IDOP) with range of awareness building programmes/events together with HelpAge International Nepal and other local organizations.
- p) Observed International Day for Disaster Reduction (IDDR) in collaboration with HelpAge International Nepal, DP Net Nepal and other civil societies working on disaster risk reduction.
- q) Represented NGOs working for older persons in Nepal in the regional workshop (Workshop on Social Integration and Rights of Older Persons in the Asia-Pacific Region) held at UNESCAP, Bangkok, Thailand.
- r) Involved in Nepal Ageing Survey initiated by Ministry of Health and Population.
- s) Collaborated with University of North Dakota, USA for the student internship programme on social gerontology.
- t) Oriented and supervised the students for research
- u) Successfully completed Age Demands Action (ADA) campaign training with support from HelpAge International Nepal.

In the Year 2015

- a) Continued publication of monthly e-newsletter "Voice of Senior Citizens".
- b) Continued publishing 50 paged bimonthly magazine "JyesthaNagarik" in Nepali language.
- c) Continued partnership with HelpAge International.
- d) Published Year Book of Senior Citizens 2015.
- e) Successfully completed action/2015NEPAL Campaign.
- f) Produced a video on International Women's Day 2015.
- g) Released report from GAROP.
- h) Participated in Thunderclap, Action for All Ages, action/2015 campaign.
- i) Observed World Elder Abuse Awareness Day (WEAAD), 2015.
- j) Participated in action/2015 June to September Campaign.

In July: Financing for Development (FfD) Campaign, In August: Youth Campaign, In September: Light the Way Campaign.

- k) Organized a campaign to launch GAWI-2015 on September.
- l) Observed International Day for Older persons (IDOP) October 1st.
- m) Started a weekly 30 minutes Radio Programme for the Senior Citizens with partial funding support of Lions Club of Sunakhari Kathmandu, BKS elderly Empowerment Fund and in collaboration with Radio Sagarmatha 102.4 MHz.
- n) Participated in Global Climate March Campaign in November.
- o) Organized a campaign for the Rights of Older People on the occasion of 67th International Human Rights Day, on 10TH December.
- p) Registered Ageing Nepal Switzerland.
- q) Enlisted as a member of GAROP (Global Alliance for Rights of Older People).
- r) Enlisted as a Network Partner of International Federation on Ageing (IFA).
- s) Established Ageing Research Fellowship Fund with support of Ageing Nepal Switzerland.

In the Year 2016

- a) Continued publication of monthly e-newsletter "Voice of Senior Citizens".
- b) Continued publishing 50 paged bimonthly magazine "JyesthaNagarik" in Nepali language.
- c) Continued partnership with HelpAge International.
- d) Published Year Book of Senior Citizens 2016.
- e) Organized 10 days "Basic Orientation Training for Caregivers on Ageing" in partnership with Hope Hermitage Nepal and Ageing Nepal Switzerland.
- f) Observed World TB Day 2016 in partnership with National Tuberculosis Center.
- g) Observed World Health Day 2016 in partnership with HelpAge International Nepal.
- h) Observed International Workers' Day 2016 in partnership with International Labour Organization (ILO).
- i) Organized a Pilot Project "Involvement of Senior Citizens in Nature Conservation" in partnership with National Trust for Nature Conservation.
- j) Observed International Day of Older Persons 2016 in partnership with HelpAge International Nepal.
- k) Running Basic Literacy Classes for Older Persons in partnership with NGO Committee on Ageing, United Nations, New York and Ageing Nepal Switzerland.

In the Year 2017

- a) Continued publication of monthly e-newsletter "Voice of Senior Citizens".
- b) Continued publishing 50 paged bimonthly magazine "Jyestha Nagarik" in Nepali language.
- c) Organized Closing Ceremony of "Basic Literacy Class for Older Persons" in 5th January
- d) Continued partnership with HelpAge International.
- e) Participated to prepare report on "Entitled to the Same Rights" by HelpAge International.
- f) Observed World Health Day 2017 in partnership with HelpAge International.
- g) Inaugurated "Basic Literacy Class for Older Persons" in partnership with Karna Jayanti Foundation with support from Ageing Nepal Switzerland.
- h) Continued providing Ageing Research Fellowship for 3 Master's Level students.

CHAPTER II

ACTIVITIES FOR AND BY SENIOR CITIZENS

Ageing Nepal has been bringing out a monthly e-newsletter Voice of Senior Citizens since 2011. VoSC compiles information published in major National Nepali Dailies (Kantipur, Annapurna Post, Gorkhapatr), and English Dailies (The Himalayan Times) and news broadcasted in Nepal's Digital news (Setopati and Online Khabar), about senior citizens of Nepal. It is further enriched with information from police reports, concerned agencies, individuals and reporters of Ageing Nepal. Thus collected news and views are processed to avoid duplication, summarize and categorize. Data on such information from the 12 issues of VoSC 2016 is further summarized in this Year Book of Senior Citizens 2017.

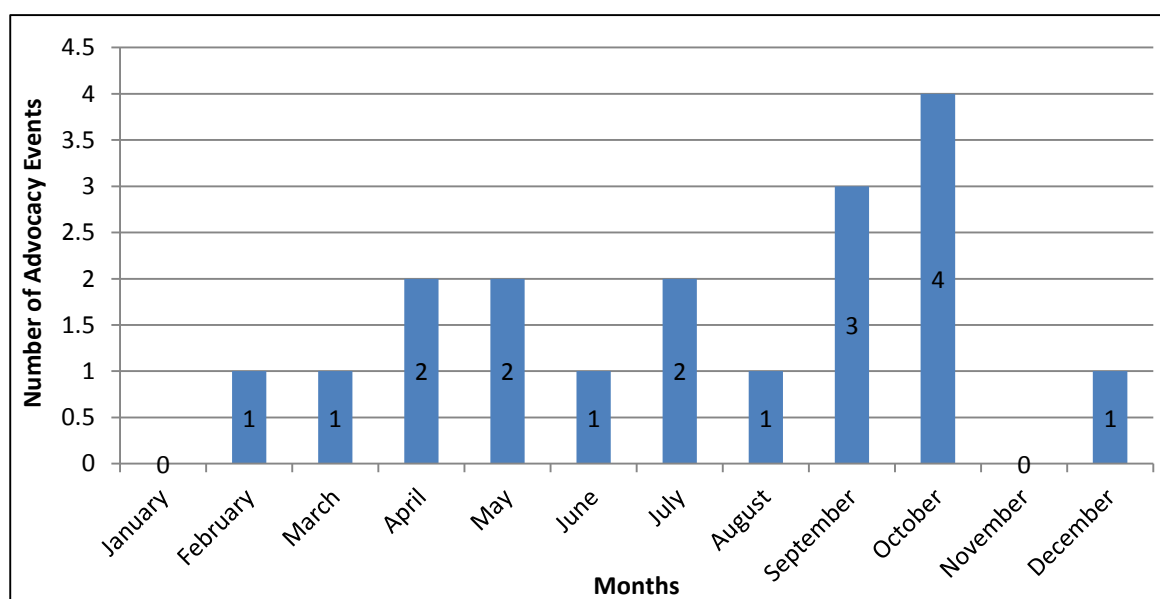
We hope that the social workers, academicians, policy and programme formulators and anyone interested on issues of ageing population of Nepal will find this report useful to their work.

1. ADVOCACY

Advocacy consists of actions designed to draw a community's attention and to direct policy-makers. It consists of legal and political activities that influence the shape and practice of laws.

Advocacy relates to an activity for supporting some causes of senior citizens. This section includes various types of campaign activities performed in support of senior citizens and their cause.

Figure 1: Monthly Distribution of Advocacy Events Organized in 2016.



Source: Annex Table 1

A total of 18 different advocacy events were organized across the country in the year 2016. The more numbers of campaign activities were launched in October (4). However no such news was

reported in January and November. The more numbers of advocacy events were organized in Kathmandu (13). Among them, seven events/programmes were organized by Ageing Nepal in partnership with other organizations. Details are in annex table.1.

2. SOCIAL SUPPORT

Social support is the physical and emotional comfort given to senior citizen by family, society and nation.

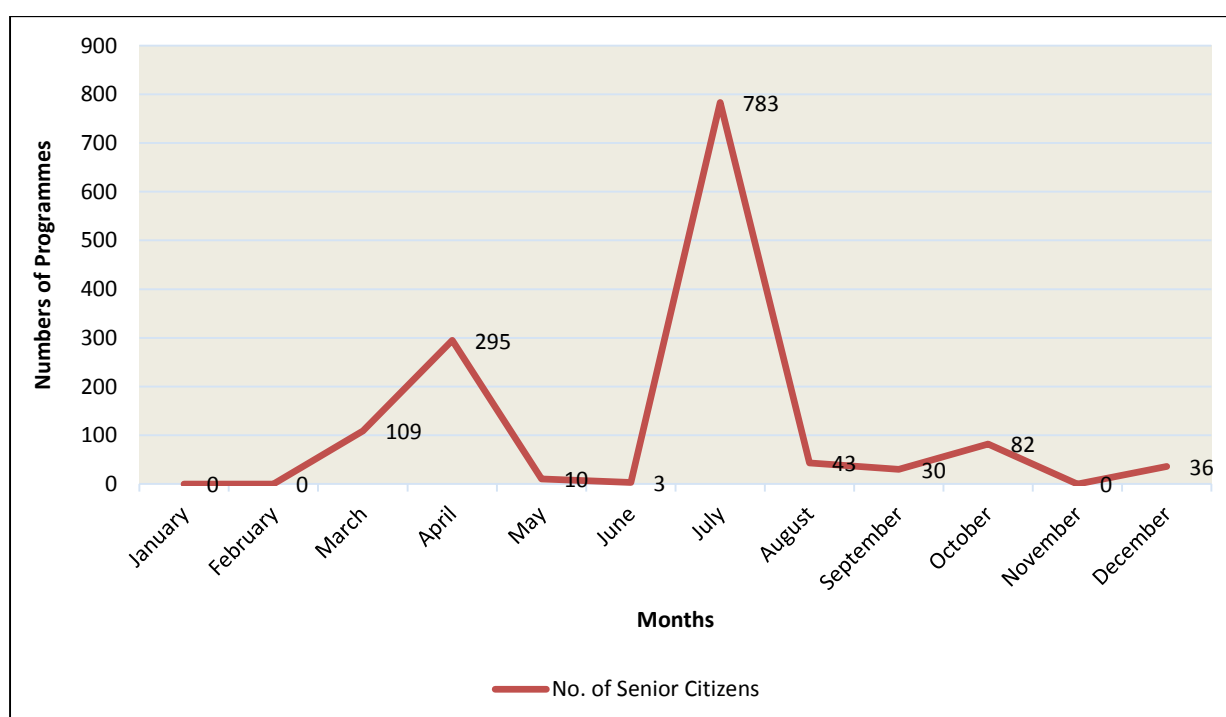
The section includes three types of efforts made to support the elderly.

- Felicitation Events
- Support for residents of OAHs as well as non- residents
- Establishment of new shelter homes (i.e. OAH, Day Care Center) for senior citizen

(a) Felicitation Events:

The news related to felicitating elderly in recognition to their remarkable deeds or some other reasons were included in this section. The felicitator could either be an individual/s or an organization/s.

Figure 2: Monthly Distribution of Felicitated Senior Citizen in 2016



Source: Annex Table 2

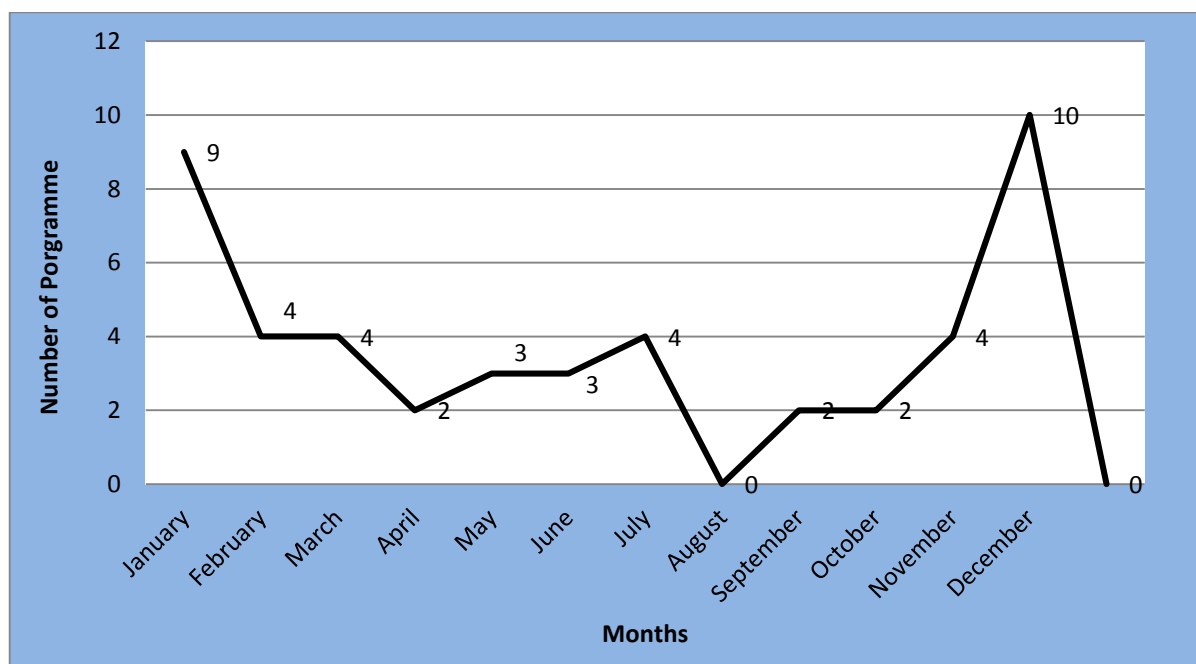
A total of 26 programmes/events were organized to felicitate 1391 senior citizens throughout the year 2016. More number of senior citizen were felicitated in the month of July (783), April (295) and October (82). However no news on felicitation of elderly was reported in the months of January, February, and November.

Local government initiatives to felicitate older persons drastically increased the number of felicitated elderly this year. Details are in annex table 2.

(b) Support Provided:

This section provides the number of various programmes organized to provide assistance for OAHs and senior citizens.

Figure 3: Monthly Distribution of Programmes Organized to Support Senior Citizens and OAHs in 2016.



Source: Annex Table 3

The above line graph presents that a total of 47 Programmes were organized to support senior citizen and OAHs in 2016. Among them 10 programmes were organized to support OAHs such as: food and other necessary materials provided to elderly residing OAH whereas 37 programmes were conducted for local senior citizens. For e.g. blankets, food stuff distributed to local elderly. *Details are available in annex table 3.*

(c) Efforts Made to Establish OAHs in 2016

Two News on efforts made to establish OAHs were published in 2016. Among these, one was at planning phase whereas the foundation was already laid for the second. *Details are available in annex table 4.*

3. SOCIAL SECURITY

Social Security is the concept enshrined in Article 22 of the Universal Declaration Human Right. Similarly, Nepal's constitution 2015 promulgated that the senior citizens shall have the right to special protection and social security from the State.

This section includes news related to Old Age Allowance (OAA) its misuse, irregular distribution and difficulties to receive. A total of 22 news were made published related to social security in the year 2016.

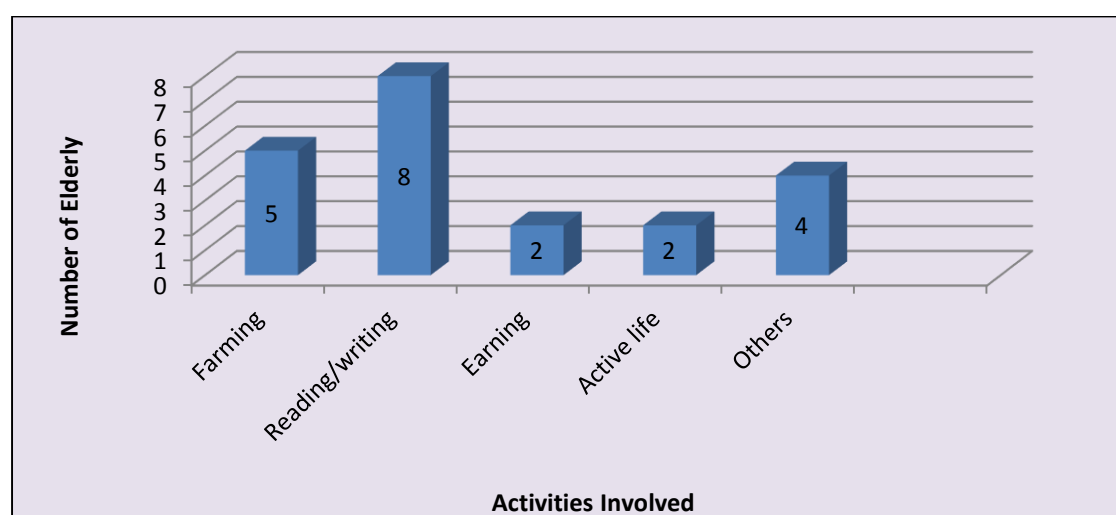
- 14 news were related to the forgery and misuse of the fund by Village Secretary.
- 3 news were about the difficulties faced by older persons in collecting OAA from bank.
- 5 news were about insufficient allocation of budget for social security allowance.

Details are available in annex table 5.

4. ACTIVE AGEING

News on active life of elderly are categorized in this section.

Figure4: Number of Active elderly involved in Various Activities



Source: Annex Table 6

A total of 21 news were published on senior citizen being active in their personal and social life in the year 2016. Following are the categories on the basis of their involvement in types of activities.

- 8 news were about senior citizens' involvement in educational activities. Like attending SLC (School leaving Certificate), enrollment in literacy class after 60.
- 5 news were about active involvement of senior citizens in Farming like Beekeeping, Pepper farming, fish farming and organic farming.
- 2 news were about elderly earning for their livelihood.
- 4 news were about involvement of elderly in others activities such as poetry, singing, writing books and so on. *Details are given in Annex 6.*

5. DEVELOPMENT

Altogether, 22 news about elderly and development were published in 2016. Sixteen news were on activities done for the wellbeing of older persons and related organizations like, national award provided to the organization working for senior citizens, establishment of park, recreation center, Yoga classes for senior citizens, Inauguration of basic literacy class and so on.

Similarly, 6 news were about contributions made by senior citizens for societal development. Most of the news were about the elderly contributing cash or/and land properties for charity such as: to build hospitals, library, futsal and so on. *For detail see annex table 7.*

6. RIGHTS

This section includes issues about the elderly and their citizenship certificate. A total of twenty nine elderly obtained citizenship certificate in the year 2016. Ten elderly obtained citizenship certificate by the Central District Office (CDO), 12 from mobile team, 5 by District Administration Office (DAO), 1 by Local Administration Office (LAO) and 1 source was not available. *For details annex table 8.*

7. EMERGENCY

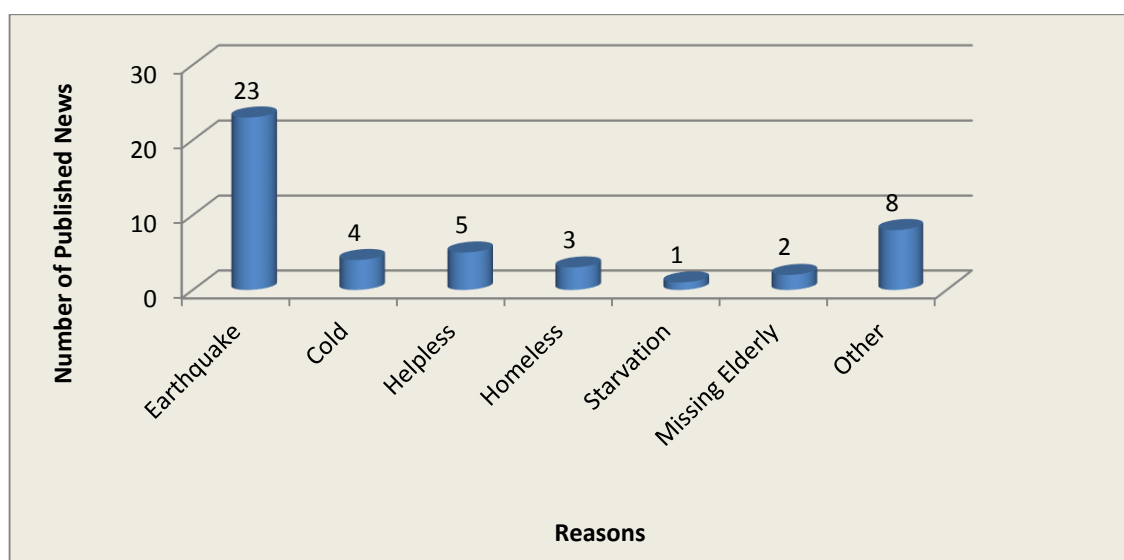
This section covers the number of elderly died of Emergency and Hazardous Situations and elderly who are seeking for immediate responses.

Elderly Died of Emergency and hazardous situations:

- Death of 16 elderly were reported in the year 2016 and all of them died in fire hazard. *Details given in annex table 9.*

Elderly Seek Immediate Responses

Figure 5: Number of Published News on Emergency Situation of Elderly and their Reasons.



Source: Annex Table 10

The bar graph shows that a total of 47 news were published highlighting the emergency situation of the elderly in the year 2016. Here,

- 23 news were about earthquake.
- 4 news were about cold.
- 5 news were about helplessness.
- 3 news were about homelessness.
- 1 news were about starvation
- 2 news were about missing elderly.
- 8 news were about displacement, loneliness, lack of medical and financial support, and so on.

For details see annex table 10.

8. ELDER ABUSE

Elder abuse also called 'mistreatment', 'senior abuse' and 'abuse in later life'. Elder abuse is a general term used to describe harmful acts towards an elderly. News on elder abuse reported by media in 2016 is grouped in the following categories.

- **Physical Abuse:** Physical abuse is non-accidental use of force against an elderly person that results in physical pain, injury, or impairment.
- **Emotional or Psychological Abuse:** Verbal or nonverbal behavior that results in the mental pain, fear, or distress is emotional or psychological abuse. This includes behaviors intended to humiliate, threaten, isolate, prohibiting or limiting access to transportation, telephone, money or other resources an elderly.
- **Financial Abuse:** Financial abuse is the illegal or improper use of an older person's funds property and land.
- **Sexual Abuse:** Non-consensual sexual contact of any kind.
- **Neglect:** The failure by those responsible to provide food, shelter, health care, or protection for a vulnerable elder. We categorize the news on unattended dead bodies found in different part of Nepal in this section.

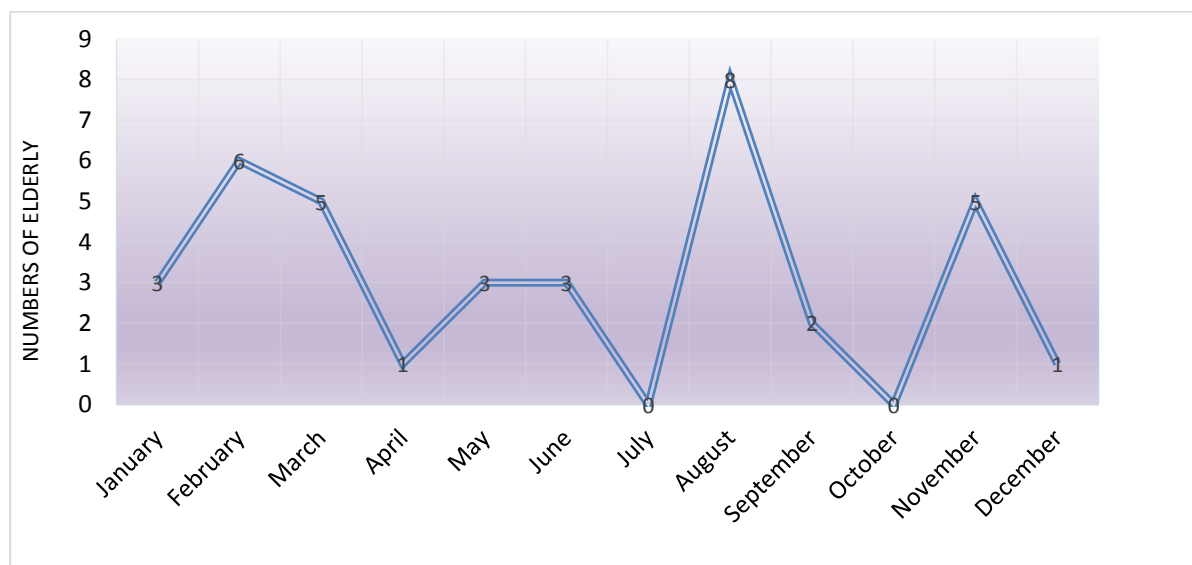
a) Elderly Survived After Abuse

A total of 31 cases were reported throughout 2016 where elderly survived after abuse.

- Eight news were on financial abuse
- Nineteen were on physical abuse
- One was on psychological abuse- witchcraft
- Three on sexual abuse

b) Elderly Died After Abuse

Figure 6: Monthly Distribution of Dead Elderly after Abuse



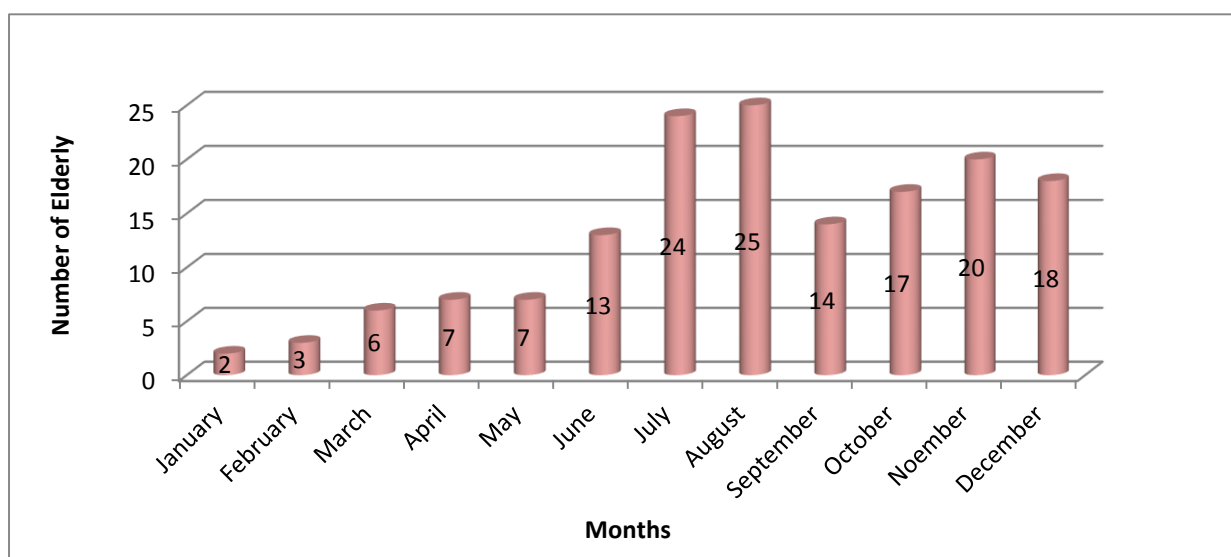
Source Annex table 11

Altogether thirty seven senior citizens were abused that finally led to death of the victims. Large number of elderly died due to physical abuse (34) where 14 were female and 20 were male. All together 3 elderly died due to the financial abuse (3) where 2 were female and 1 was male.

9. NEGLECT (Abandoned Dead Bodies of Elderly)

Neglect is the failure by those responsible to provide food, shelter, health care, or protection for a vulnerable elder. However this report presents the data on unattended death of elderly caused by the negligence.

Figure 7: Monthly Distribution of Abandoned Dead bodies found in 2016



Source Annex table 13

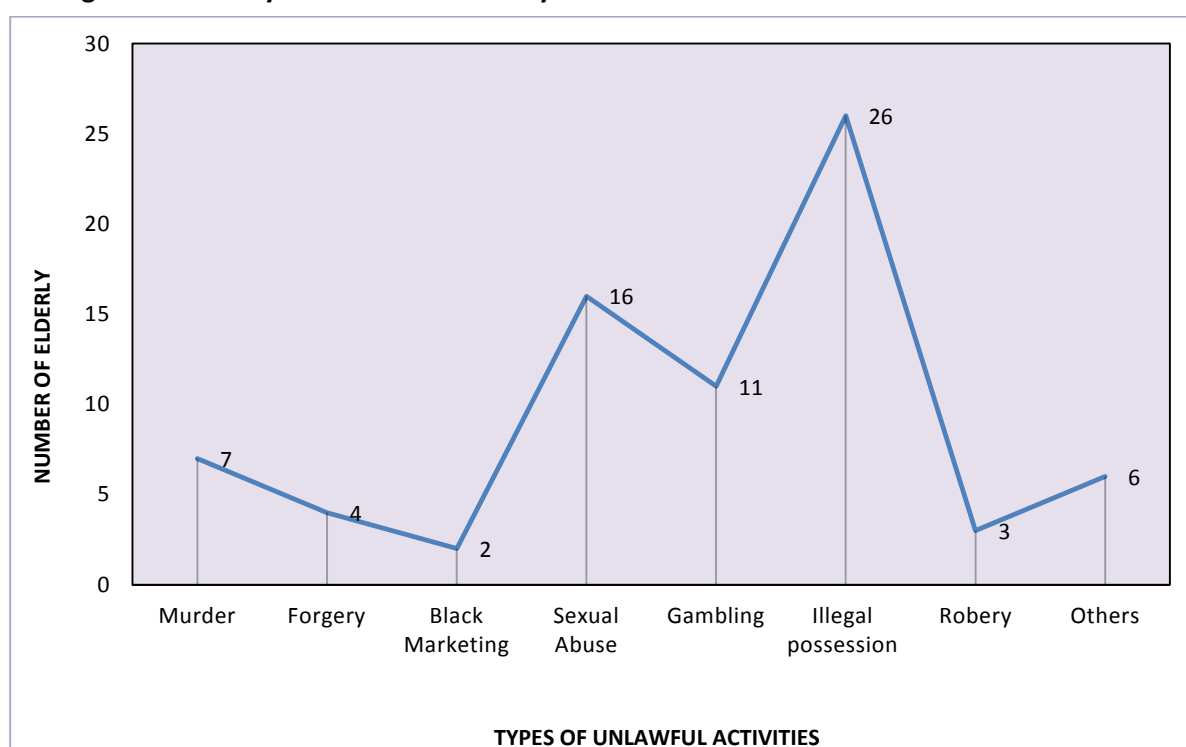
Above graph demonstrates monthly distribution of abandoned dead bodies of elderly found in the year 2016. A total 156 abandonment dead bodies of older people were found in different parts of the country.

- Among them 26 were female and 150 were male.
- The more number of dead bodies were found in the month of August (25), July (24), and November (20).
- The number of dead bodies in the year 2016 is more than 3 times compared to the previous year (50). *Details given in annex table 13.*

10. ELDERLY IN CRIME

This section reports the number of older people involved in different types of crime like rape, murder, forgery, illegal possession of guns, drug, weapon and so on.

Figure 8: Monthly Distribution of Elderly Involved in Various forms of Unlawful Activities



Source: Annex Table 14

A total of 75 cases were reported in 2016 where senior citizens were found involved in different unlawful activities.

- Most (73) of the senior citizens involved in illegal activities were male.
- Most of senior citizens (26) were held for illegal possessions of drug, weapons and others
- 16 senior citizens were held for sexual abuse.
- 11 senior citizens were involved in gambling.
- 7 senior citizens were held on murder.
- 4 were nabbed for others crimes like girls trafficking, physical abuse and so on.

11. WINTER AND ELDERLY PEOPLE

A total of 7 news were about those elderly who died due to cold in the various part of the country.

- Among them 1 was female and 6 were male.
- Majority of the victims were from Mugu District.

Landmark Government Decision of 2016

- Nepal government increased the old age allowance from earlier Rs. 1000 to Rs. 2000 per month starting July 2016.
- Ministry of Women, Children and Social Welfare started to take interns and support student thesis on the issues of ageing population including women, children and differently abled people.

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ANNEX TABLE

1. ADVOCACY

Table1: No. of Advocacy Programmes Organized in 2016 to Support OAHs and Senior Citizens

S.N	Organizer (individual/organization)	Where	What	When	Month
1.	Ageing Nepal and Hope Hermitage Nepal	Kathmandu	Organized a Ten Days' Long Basic Orientation Training for Elderly Caregivers	NA	February
2.	Ageing Nepal and National Tuberculosis Center	Kathmandu	Observed World Tuberculosis Day	24	March
3.	Ageing Nepal and HelpAge International Nepal	Kathmandu	Observed World Health Day	7	April
4.	Ministry of Women, Children and Social Welfare	Khotang	Elderly Demanded Old Age Home	24	
5.	Ageing Nepal and International Labour Organization (ILO)	Kathmandu	Observed World International Workers' Day	1	May
6.	Deputy Prime Minister and Minister for Women, Children and Social Welfare	Kathmandu	Special Programme for Marginalized Elderly	14	
7.	Various Government and Non-Government Organizations	Kathmandu	Observed World Elder Abuse Awareness Day (WEAAD)	15	June
8.	Ageing Nepal	Kathmandu	Completed Implementation of Pilot Project "Involvement of Senior Citizens in Biodiversity Conservation"	NA	July
9.	Ageing Wellbeing Alliance	Kathmandu	Sensitization Programme on "Alzheimer's and Related Dementia"	31	
10.	Hope Hermitage Nepal and Ageing Nepal	Kathmandu	Sensitization Programme on Ageing and Alzheimer's' Disease	7	August
11.	Hope Hermitage Nepal	Kathmandu	Alzheimer's Self Help Alliance ASHA Formed	7	September
12.	Ministry of Health	Kathmandu	Organized Awareness Program to Mark World Alzheimer's Day	21	
13.	Ageing Nepal and HelpAge International Nepal	Kathmandu	Organized A Drawing Competition	29	

14.	Ageing Nepal and HelpAge International Nepal	Kathmandu	Organized a Campaign to mark International Day of Older Persons (IDOP)	1	October
15.	Bihani Social Venture	Lalitpur	Organized a Week Long Campaign	1	
16.	Senior Citizens Fund	Kathmandu	Programme Organized	2	
17.	Man Mohan Memorial Foundation	Morang	Senior Citizens Festival Organized	23	
18.	UN Open Ended Working Group (OEWG)	Kathmandu	Nepal's Participation in OEWG on Ageing	12	December

2. SOCIAL SUPPORT

Table 2: No. of Programmes Organized to Felicitate Senior Citizens in 2016.

S.N	No of elderly	Age Group	Gender	By Whom	Where	When	Month
1.	41	N/A	Both	Women Organization	Kathmandu	8	March
2.	2	80+	F	Organization	Bhaktapur	11	
3.	1	82	M	Maresh Sanyasas Ashram	Bhaktapur	12	
4.	65	N/A	Both	Individual	Parbat	16	
5.	265	65+	Both	Chage Gharti Aama Kosh Organization	Taplejung	19	April
6.	30	60+	Both	Pachthar District Health Office Government	Panchthar	27	
7.	3	80+	Both	Bagmara Saving and Credit Finance Limited	Kaski	1	May
8.	7	80+	Both	Visitors	Sarlahi	7	
9.	1	103	F	Organization	Kathmandu	16	June
10.	2	80+	Both	Organization	Kathmandu	19	
11.	26	-	Both	Senior Citizens Association	Gorkha	3	July
12.	750	75+	Both	Municipality Office	Kavrepalanchowk	9	
13.	7	-	Both	Organization	Kathmandu	28	
14.	1	83	M	Organization	Kavrepalanchowk	7	August
15.	40	60+	Both	District Police Office	Saptari	13	
16.	2	80+	Both	Senior Citizens Committee	Illam	20	
17.	21	60+	Both	Senior Citizens Service Society	Kathmandu	1	September

18.	9	60+	Both	HAI-Nepal, NEPAN & CASG	Pokhara	30	
19.	65	60+	Both	Political Party	Kathmandu	2	October
20.	6	60+	M	Chief District Officer	Khotang	3	
21.	10	85+	Both	Senior Citizens Association & Ministry of Women, Children & Social Welfare	Rajbiraj	4	
22.	22	100+	Both	Manmohan Memorial Foundation	Morang	22	
23.	25	90+	Both	Political Party	Kathmandu	29	
24.	25	75+	Both	Bolachhe, local Organization	Kavre	30	
25.	1	101	M	Organization	Kathmandu	15	December
26.	35	80+	Both	Balkumari Rijal Smriti Foundation	Bhaktapur	31	

Table 3: No. of Programmes Organized to Support OAHs and Elderly in 2016.

S.N	Beneficiary		Address (District)	By Whom	What	When	Month
	OAH	Non-residents					
1.	Birateshwor OAH	-	Morang	NMB Bank	Food and Clothes	2	January
2.	Himalaya OAH	-	Kathmandu	Individual(Actor)	Food and Clothes	3	
3.	-	Elderly (70+ aged)	Kathmandu	Nepal Police	Fuel	4	
4.	-	Earthquake Victim Elderly	Sindhupalchowk	Individual	Blankets	13	
5.	-	Earthquake Victim Elderly	Kathmandu	Pahilo Paaila (Women Group)	Blankets	16	
6.	-	23 Elderly	Kathmandu	Lions Club of Kathmandu Midtown	Lunch	17	
7.	-	Cold hit Elderly	Kavre	E-commerce Kemu	Blankets	22	
8.		342 elderly (70+ aged)	Bhaktapur	Manabiya Aastha Nepal	Blankets and Food	24	
9.	-	200 Elderly	Lamjung	Nepal Army	Heath Camp	25	
10.	-	Badu	Chitwan	Individual	Shelter	1	

		Chepang					February
11.	-	Krishna Chepang	Lamjung	Individual	House	14	
12.	-	230 Elderly	Kathmandu	Lions Club Of Kathmandu Fulbari	Health Camp	15	
13.	-	Shitali Kami	Jajarkot	INF (International Nepal Fellowship)	Rescued	20	
14.	-	144 Elderly	Hetauda	Rotary Club of Makwanpur and Hetauda Ladies Jaycees	Health Camp	3	March
15.	-	Harkabir Tamang	Panchthar	Individual	House	13	
16.	-	Dam Bahadur Chepang and Sauni Maya Chepang	Chitwan	Krishna Prasad Sharma	House	18	
17.	-	43 Elderly	Kathmandu	International School of Tourism and Hotel Management	Food, Sleeping Bag and Shoes	21	
18.	-	Sunasu Malla	Rupandehi	Gautam Buddha Community Heart Hospital	Medicine and other additional needs	6	April
19.	-	Elderly (75+ aged)	Baglung	CBC Saving and Credit Co-operative	Money	11	
20.	Pokhara OAH	-	Kaski	Bagmara Saving and Credit Finance Limited	Food and Fruits	1	May
21.	-	Divya Chaudhary	Dang	Individual	Money	27	
22.	-	Sarbodaya Service Center	Lamjung	Lamjung Marsyandi Youth Club	Blankets, Mattress and other additional stuffs	29	
23.	OAH	-	Kathmandu	NA	Old Age House	7	June
24.	-	Elderly Couple	Chitwan	Generous people	House	17	
25.	Pokhara OAH	-	Kaski	Artist	Music Event	27	

26.	-	Batu Adhikari	Surkhet	VDC Office with Support of Police Officer	Rescued	13	July
27.	-	Inardev Ram	Rautahat	NGO	Rescued	14	
28.	-	Ram Dhari Das	Rautahat	District Administration Office (DAO)	-	18	
29.	-	70 Elderly	Syangja	Puspalal Smriti Pratisthan (Organization)	Food	23	
30.	-	Individual	Bajura	Sai Samaj Sewa Nidhi, Organization	Cash	8	September
31.	Birshanti OAH	-	Dhankuta	Women's Police Association	Blankets and Necessary Stuffs	10	
32.	Amaghar, Matatirtha OAH & Deuma OAH	-	Kathmandu	Health Home Care Nepal & Samyak Diagnostic Path Lab	Physical & lab test	1	October
33.	-	Local Elderly	Lalitpur	Bihani Social Venture	Health check up	2,4,6	
34.	-	35 Elderly	Palpa	Organization	House	4	November
35.	-	Chandra Bir Oli	Dang	RPP central Member Anjana Shah (Rawal)	Money	5	
36.	Shree Dibya Sewa Niketan OAH	-	Kathmandu	Bikash Pant Smriti Pratisthan (Organization)	Foods and Clothes	25	
37.	-	Uma Laxmi Shrestha	Dhading	Local Social Worker and Police Officer	Rescued	27	
38.	-	192 Local Elderly	Bhaktapur	HelpAge International Nepal & Madhyapur Hospital	Health Camp	12	
39.	Nishahaya Sewa Sadan OAH	-	Kathmandu	Saraswati Raj Narayan Institute	Money	17	
40.	-	Individual	Parsa	Generous People	Blankets	18	
41.	-	Individual	Kathmandu	Nepal Students' Union Team	Money	19	

42.	-	70 Elderly	Sindhuli	Naya Shakti Nepal (Organization)	Cloth	20	December
43.	Pokhara OAH	-	Kaski	Lions Club of Pokhara	Water Tank	20	
44.	-	30 Elderly	Bhaktapur	Metropolitan Police Circle and Community Service Center	Blankets	21	
45.	-	Individual	Sunsari	Hidayat Education and Welfare Trust	Clothes and Blankets	27	
46.	-	250 Elderly	Kathmandu	Generous Individual	Food	29	
47.	-	26 Elderly	Kathmandu	Kautilaya Secondary School	Cloth, Biscuit and other additional stuffs	29	

Table 4: Efforts Made to Establish OAHs in 2016

S.N	Name of OAH/Day Care Center	Address	Effort made by	What Effort	Status	When	Month
1.	-	Palpa	Individual	Land and Cash Collected	Planning	17	February
2.	OAH	Biratnagar	NRN & Biratnagar sub-metropolitan municipality	OAH construction	Started	7	August

3. SOCIAL SECURITY

Table 5: Difficulties faced in getting OAA

S.N	Where	Reason	When	Month
1.	Dhading	Negligence of VDC Officials	9	January
2.	Jajarkot	VDC Staff Misuse Social Security Allowance	13	
3.	Kathmandu	Distribution System (through bank)	24	
4.	Dhankuta	Increment of OAA	19	February
5.	Kathmandu	Distribution System (through bank)	27	

6.	Saptari	Fund Unallocated by Ministry of Local Development	17	March
7.	Rautahat	Negligence of Government staffs	28	
8.	Mugu	Delayed Distribution by the Authorities	6	April
9.	Rajbiraj	OAA Money Looted by VDC Secretary	6	May
10.	Sunsari	Distributed SSA at Home	25	
11.	Kathmandu	SSA Increased Twofold	29	
12.	Humla, Solukhumbu and Parsa	Increment of SSA	2,24	June
13.	Siraha	OAA Money Looted by VDC Secretary	6	July
14.	Saptari	-	11	
15.	Syangja	Irregularities In distribution	21	
16.	Bhojpur	Negligence of Authorities	28	September
17.	Makwanpur	Negligence of VDC officials	29	
18.	Bhaktapur	-	3	October
19.	Dolkha	Unable to Receive SSA	5	
20.	Parbat	Unable to Receive SSA	5	
21.	Jajarkot	Negligence of Staffs	14	November
22.	Morang	Distribution System (through bank)	12	December

4. ACTIVE AGEING

Table 6: Elderly active in their personal/social life

S.N	Age	Sex	Address	Actively Involved In	Month
1.	71	M	Kathmandu	Pottery	January
2.	92	M	Morang	Cycling	
3.	62	M	Rukum	Earning in Prison	
4.	60	M	Chitwan	Constructing Road Single- Handedly	
5.	75	M	Jhapa	Organic Farming	March
6.	68	F	Kavrepalanchowk	Construction	
7.	61	F	Kathmandu	Attending SLC(School Leaving Certificate)	
8.	80	M	Kaski	Poetry and Singing	April
9.	78	M	Kathmandu	Acting	May
10.	80	F	Khotang	Reading and Writing	
11.	68	M	Syangja	Studying	
12.	60	F	Kathmandu	Earning Money	
13.	80	M	Kathmandu	Singing	

14.	78	M	Dhankuta	Writing Books	July
15.	70	M	Siraha	Fish Farming	August
16.	83	M	Sankhuwasabha	Organic Pepper Farming	
17.	70	F	Surkhet	Attending literacy class	October
18.	70	Both	Parbat	Farming	November
19.	106	M	Lalitpur	Active Life	
20.	67	M	Nawalparasi	Beekeeping	December
21.	66	M	Myagdi	Spreading Information and Messages Katawal(Messenger)Tradition	

5. DEVELOPMENT

Table 7: Older people and societal development

S.N	Age	Address	Activity	By Whom	Month
1.	-	Kathmandu	Hope Hermitage Nepal Awarded By the Ananda Devi National Award for its recognition of social service in the field of senior citizen.	Saraswoti raj Narayan Academy	January
2.	85	Jhapa	Donate all property to the temple	Januka Devi Nirula	
3.	70/81	Dang	Connected through Cell phone	Bed Bahadur Basnet and juglal chudhary	
4	82	Kaski	Donated Rs.10,111,111 to Jomsom –based Janajati Multiple Campus	Nirala Kumari Tuiachan	February
5	73	Sankhuwasabha	Donate the land and Rs.1000, 015 for football land.	Rudra Bahadur Rai.	
6	85	Kathmandu	Donate Rs.100, 000 to Om Apanga Balbalika Shahr Kenda.	Gita Devi Kherel	March
-	-	-	-	-	April
7	-	Saptari	Started yoga and meditation for elderly	National Sports counsel	May
8	-	Kathmandu	Postponed their agitation after government doubled old age allowances.	A group of senior citizen	
9	-	Kathmandu	Organized the poetry reciting competition on the issue of senior citizen.	With the partnership of Nobel Sakos Sahitya Prakasan and Ageing Nepal	

10	-	Kathmandu	Nepal Health Service strategies developed	Ageing Nepal, Help Age International and Handicapped international	June
11.	-	Kathmandu	Involvement of senior citizen in Biodiversity conservation	National Trust for Nature Conservation(NTNC) and Ageing Nepal	
12	-	Kathmandu	Started the pilot program of basic literacy for elderly	Ageing Nepal and NGO Committee on ageing United Nation,NY	July
13	-	Khotang	Started fund raising program to building the day-care center for elderly	Senior Citizen of Khotang	August
14	-	Panchthar	Formed senior citizen working committee	Indra Bahadur Nepali	
15	-	Sarlahi	Distributed the ID card for elderly	District office for women and children	
16	-	Sunsari	Eager to received ID	-	September
17	-	Kathmandu	Challenging the stereotype and providing good care to the needy elderly	Siddhi Saligram old age home	October
18	-	Kathmandu	Inaugurated senior citizen park	Sahayoginagar development society and Kathmandu Valley Development Authority (KVDA)	
19	-	Kathmandu	Gathering older women and involving some recreational activity to reduce loneliness	Shila Sayami	December
20	-	Banke	Spending money collect from deusi Vhailo on social work	Senior citizen of Banke District	
21	84	Parbet	Provide a financial support on digital library making in parbet	Nanda Kala Upadhaya	
22	92	Kathmandu	Social Security allowances is distributed road maintenances	Bhim Bahadur Basnet	December

6. RIGHTS

Table 8: Elderly and the citizenship certificate

S.N	Age	Sex	Place	Status	Received From	Month
1.	93	F	Baitadi	Finally Got CC	CDO	Feburary
2.	77	F	Baitadi	Finally Got CC	CDO	
3.	76	F	Sindhupalchowk	Finally Got CC	Mobile Team	
4.	74	F	Sindhupalchowk	Finally Got CC	Mobile Team	
5.	71	M	Khotang	Finally Got CC	DAO	
6.	86	F	Sindhupalchowk	Finally Got CC	Mobile Team	March
7.	84	F	Arghakhanchi	Finally Got CC	CDO	
8.	76	F	Arghakhanchi	Finally Got CC	CDO	
9.	96	F	Solukhumbu	Finally Got CC	CDO	April
10.	84	F	Solukhumbu	Finally Got CC	CDO	
11.	83	F	Solukhumbu	Finally Got CC	CDO	
12.	72	M	Lamjung	Finally Got CC	Mobile Team	
13.	70	F	Morang	Finally Got CC	CDO	
14.	65	M	Makwanpur	Finally Got CC	CDO	June
15.	69	M	Makwanpur	Finally Got CC	Mobile Team	
16.	83	F	Makwanpur	Finally Got CC	Mobile Team	
17.	83	F	Makwanpur	Finally Got CC	Mobile Team	
18.	93	F	Illam	Finally Got CC	Mobile Team	
19.	97	F	Rautahat	Finally Got CC	Local Administration Office	July
20.	78	F	Kanchanpur	Finally Got CC	District Administration Office	
21.	72	M	Solukhumbu	Finally Got CC	CDO	
22.	71	F	Solukhumbu	Finally Got CC	Mobile Team	August
23.	73	F	Bara	Finally Got CC	District Administration Office	
24.	92	F	Kavre	Finally Got CC	DAO	November
25.	71	F	Dhankuta	Finally Got CC	Mobile Team	
26.	70	F	Dhankuta	Finally Got CC	Mobile Team	
27.	72	M	Bajhang	Yet No CC	-	
28.	70	M	Solukhumbu	Finally Got CC	DAO	December
29.	66	F	Solukhumbu	Finally Got CC	Mobile Team	

CC-Citizenship Certificate

7. EMERGENCY

Table 9: Elderly Died of Emergency and Hazardous Situations

S.N	Age	Gender	Address	Cause(Detail)	Date	Month
1.	70	M	Bardiya	Fire	17	January
2.	88	M	Bhaktapur	Fire	18	
3.	68	F	Morang	Fire	26	
4.	83	M	Gulmi	Fire	28	
5.	76	F	Udayapur	Fire	3	February
6.	66	M	Dolakha	Fire	5	
7.	70	F	Rukum	Fire	13	
8.	70	F	Rauthat	Fire	18	
9.	60	M	Rolpa	Fire	19	
10.	91	F	Chitwan	Fire	10	March
11.	70	M	Ramechhap	Fire	13	
12.	85	F	Ramechhap	Fire	13	
13.	62	M	Morang	Fire	15	
14.	62	M	Kaski	Fire	7	April
15.	65	F	Sindhuli	Fire	26	
16.	62	M	Gulmi	Fire	30	

Table 10: The no. of Elderly Who Seek Emergency Support in the Year 2016

S.N	Where	Reason	When	Month
1.	Rasuwa	Earthquake	1	January
2.	Gorkha	Earthquake	1	
3.	Lalitpur	Earthquake	1	
4.	Dolakha	Earthquake	3	
5.	Rasuwa	Earthquake	3	
6.	Kathmandu	Earthquake	6	
7.	Biratnagar	Helpless	9	
8.	Gorkha	Snowfall	11	
9.	Dolakha	Earthquake	12	
10.	Dolakha	Earthquake	15	
11.	Gorkha	Earthquake	14	
12.	Dolakha	Earthquake	16	
13.	Makwanpur	Homeless	26	
14.	Makwanpur	Earthquake	2	February
15.	Dolakha	Earthquake	8	
16.	Kavre	Earthquake	22	

17.	Sindhuli	Earthquake	18	March
18.	Sindhupalchowk	Earthquake	28	
19.	Sindhupalchowk	Homeless	28	
20.	Tanahun	Earthquake	4	April
21.	Kapilvastu	Helpless	10	
22.	Pokhara	Elderly Waiting for Her Son	20	
23.	Hetauda	Helpless	20	
24.	Gorkha	Earthquake	23	
25.	Humla	Cough and Cold	25	
26.	Sindhupalchowk/Dolakha	Earthquake	21,28	
27.	Lamjung	Earthquake	15	May
28.	Dhading	Starvation	23	
29.	Kapilvastu	Helpless	12	June
31.	Bajura	Medical Help	10	July
32.	Dhading	Earthquake	19	
33.	Gulmi	Helpless	30	August
34.	Kathmandu	-	9	September
35.	Ramechaap	Had to walk for long time to collect fund	18	
36.	Surkhet	Empty Nest Syndrome	26	
37.	Gulmi	Helpless	1	October
38.	Dolkha	Earthquake	19	
39.	Morang	Suffering from Financial Support	19	
40.	Gulmi	Missing Elderly	20	
41.	Sunsari	Empty Nest Syndrome	22	
42.	Arghakhanchi	Missing Elderly	6	November
43.	Nainital	woes of Elderly	17	
44.	Nuwakot	Earthquake	25	
45.	Kavre	Earthquake	7	December
46.	Kavre	Cold	11	
47.	Lalitpur	Cold	22	

8. ELDER ABUSE

Table 11: Elderly Died of Physical Financial Abuse in 2016.

S.N	Age	Sex	Address	Reason	Culprit	Type of Abuse	Month
1.	72	F	Pyuthan	Unknown	Unknown	Physical	January
2.	64	M	Solukhumbu	Unknown	Unidentified gang	Physical	
3.	60	F	Makwanpur	Unknown	Unknown	Physical	
4.	85	M	Kathmandu	Financial Dispute	Worker	Physical	February
5.	62	M	Rautahat	Personal Dispute	Neighbour	Physical	

6.	86	M	Hetauda	Witchcraft	Neighbour	Physical	
7.	70	F	Baitadi	Unknown	Son	Physical	
8.	68	M	Bardiya	Unknown	Unknown	Physical	
9.	60	F	Rolpa	Unknown	Daughter-in-law	Physical	
10.	76	M	Lamjung	Unknown	Son	Physical	March
11.	84	M	Lamjung	Unknown	Relative	Physical	
12.	70	F	Dang	Family Dispute	Son	Physical	
13.	82	F	Chitwan	Unknown	Son and Daughter-in-law	Physical	
14.	79	F	Kaski	Unknown	Grandson	Physical	April
15.	80	M	Morang	Personal Dispute	Son	Physical	
16.	70	M	Kathmandu	Unknown	Son	Physical	May
17.	65	F	Dang	Witchcraft	Villagers	Physical	
18.	74	M	Morang	Family Dispute	Son	Physical	June
19.	80	M	Baitadi	Family Dispute	Son	Physical	
20.	70	F	Saptari	Land Dispute	Neighbour	Physical	
21.	65	F	Siraha	Family Dispute	Daughter-in-law	Physical	
22.	81	F	Dolakha	Financial Dispute	Son	Physical	August
23.	75	F	Tanahun	Family Dispute	Son	Physical	
24.	62	M	Khotang	Family Dispute	Nephew	Physical	
25.	75	M	Dhading	-	Unknown	Physical	
26.	63	M	Rolpa	Personal Dispute	Neighbour	Physical	
27.	65	F	Jajarkot	Property Dispute	Son	Physical and Financial	
28.	70	M	Nawalparasi	Personal Dispute	Son	Physical	
29.	77	M	Dang	Personal Dispute	Son	Physical	
30.	75	M	Dhading	Witchcraft	Neighbour	Physical	September
31.	71	F	Gulmi	Personal Dispute	Son	Physical	
32.	60	M	Rupandehi	-	Neighbours	Physical	November
33.	70	M	Nuwakot	Land Dispute	Neighbour	Financial	
34.	65	F	Nuwakot	Land Dispute	Neighbour	Financial	
35.	60	M	Saptari	Personal Dispute	Neighbour (Bhola Sada)	Physical	
36.	83	M	Parsa	-	Daughter and son-in-law	Physical	

37.	70	M	Rautahat	Personal Dispute	Brother	Physical	December
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Table 12: Elderly Survived after Abuse

S.N	Age	Sex	Address	Reason	Culprit	Type of Abuse	Month
1.	70	F	Rupendehi	Unknown	Unknown	Physical	January
2.	65	M	Sankhuwasabha	Robbery	Nephew	Physical	
3.	78	M	Nuwakot	Theft	Unknown	Financial	February
4.	75	F	Nuwakot	Theft	Unknown	Financial	
5.	65	M	Rolpa	Unknown	Daughter-in-law	Physical	
6.	60	F	Dang	Superstition	Witchdoctor	Physical	March
7.	76	F	Lamjung	Unknown	Son	Physical	
8.	91	M	Hetauda	Property Dispute	Son	Physical	
9.	60	F	Nawalparasi	Unknown	Unknown	Physical	April
10.	75	M	Khotang	Property Dispute	Unknown	Physical	
11.	86	M	Kaski	Theft	Neighbour	Financial	May
12.	60	F	Bardiya	Unknown	Son	Physical	
13.	60	F	Kathmandu	Theft	Unknown	Financial	
14.	60	F	Kathmandu	Theft	Unknown	Financial	
15.	75	M	Rolpa	Theft	Unknown	Physical and Financial	
16.	88	F	Bhojpur	-	Neighbour	Sexual	June
17.	61	F	Solukhumbu	-	Police	Physical	
18.	72	F	Khotang	Practicing Witchcraft	Villagers	Physical	July
19.	62	F	Bardiya	-	-	Sexual	
20.	84	M	Kathmandu	-	Stranger	Financial	
21.	70	F	Siraha	Witchcraft	Family Members	Physical	August
22.	69	F	Kaski	Witchcraft	Son and Daughter-in-Law	Psychological	
23.	60	F	Dhanusa	Witchcraft	Neighbours	Physical	
24.	-	F	Syangja	-	Stranger	Sexual	
25.	64	F	Kalikot	Personal Dispute	Neighbours	Physical	
26.	60	M	Gorkha	Personal Dispute	Sister	Physical	September
27.	60	M	Bara	Personal Dispute	Neighbours	Physical	
28.	65	F	Dang	Witchcraft	Neighbours	Physical	October
29.	70	F	Kathmandu	Robbery	Unknown	Financial	
30.	60	F	Parsa	Witchcraft	Neighbours	Physical	November

31.	61	M	Bhaktapur	Theft	Strangers	Financial	December
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9. NEGLECT

Table 13: No of Abandoned Dead Bodies Found

S.N	Age	Sex	Death of place	Month
1.	70	F	Pyuthan	January
2.	72	M	Syangja	
3.	60	M	Jhapa	February
4.	61	M	Kaski	
5.	65	M	Dolakha	
6.	60	M	Jhapa	March
7.	60	M	Banke	
8.	65	F	Nawalparasi	
9.	70	F	Darchula	
10.	60	M	Kathmandu	
11.	65	M	Lalitpur	
12.	80	M	Morang	April
13.	63	M	Sindhupalchowk	
14.	75	F	Kathmandu	
15.	75	M	Bara	
16.	60	M	Kathmandu	
17.	79	M	Dhangadi	
18.	80	F	Dhangadi	
19.	68	M	Baglung	May
20.	70	M	Sunsari	
21.	80	M	Jumla	
22.	68	M	Rukum	
23.	65	M	Nuwakot	
24.	62	M	Solukhumbu	
25.	63	M	Kathmandu	
26.	60	F	Mahottari	June
27.	65	F	Kaski	
28.	75	M	Kathmandu	
29.	62	M	Lalitpur	
30.	62	F	Rupandehi	
31.	60	M	Nuwakot	
32.	65	M	Kaski	
33.	62	M	Gorkha	
34.	70	M	Kaski	
35.	70	M	Mahottari	

36.	65	F	Nuwakot	
37.	87	F	Myagdi	
38.	65	M	Morang	
39.	65	M	Morang	July
40.	63	M	Kanchanpur	
41.	62	M	Lamjung	
42.	60	M	Jhapa	
43.	60	M	Janakpur	
44.	79	M	Pyuthan	
45.	60	F	Dhanusha	
46.	84	M	Morang	
47.	60	M	Parbat	
48.	67	M	Pyuthan	
49.	62	M	Kavre	
50.	85	F	Bara	
51.	65	M	Syangja	
52.	74	M	Gorkha	
53.	60	M	Butwal	
54.	62	F	Dolakha	
55.	70	M	Nepaljung	
56.	60	M	Rupandehi	
57.	60	M	Darchula	
58.	68	M	Siraha	
59.	65	M	Kathmandu	
60.	65	M	Kathmandu	
61.	60	M	Kanchanpur	
62.	60	F	Janakpur	
63.	85	M	Gulmi	
64.	60	M	Lalitpur	
65.	76	M	Bardiya	
66.	65	M	Kavrepalanchowk	
67.	70	M	Jhapa	
68.	75	M	Rupandehi	
69.	60	M	Bardiya	
70.	63	M	Kathmandu	
71.	85	F	Kathmandu	
72.	60	M	Birjung	
73.	60	M	Mahottari	
74.	60	M	Kathmandu	
75.	61	F	Kathmandu	
76.	83	M	Jhapa	
77.	70	F	Dadeldhura	

78.	69	M	Panchthar	August
79.	65	F	Rasuwa	
80.	70	M	Kanchanpur	
81.	83	M	Hetauda	
82.	60	M	Jhapa	
83.	66	M	Sindhupalchowk	
84.	70	F	Gulmi	
85.	75	F	Banke	
86.	60	F	Bardiya	
87.	80	F	Illam	
88.	60	M	Kavre	September
89.	60	M	Kathmandu	
90.	70	M	Sarlahi	
91.	78	M	Kaski	
92.	96	M	Kapilvastu	
93.	65	F	Sunsari	
94.	65	M	Siraha	
95.	85	M	Kapilvastu	
96.	60	M	Kaski	
97.	60	M	Jhapa	
98.	72	M	Kavrepalanchowk	
99.	75	M	Parbat	
100.	70	M	Sunsari	
101.	60	M	Taplejung	
102.	80	M	Kathmandu	October
103.	70	M	Bajhang	
104.	65	M	Baitadi	
105.	70	F	Kathmandu	
106.	60	M	Kathmandu	
107.	62	M	Lamjung	
108.	65	M	Baglung	
109.	65	F	Kathmandu	
110.	60	M	Arghakhanchi	
111.	81	M	Lamjung	
112.	68	M	Jhapa	
113.	60	M	Sindhuli	
114.	60	F	Sindhuli	
115.	60	M	Lalitpur	
116.	77	M	Pyuthan	
117.	70	F	Sunsari	
118.	60	M	Kathmandu	

119.	61	M	Sunsari	November
120.	63	M	Dolakha	
121.	62	M	Lalitpur	
122.	62	F	Pyuthan	
123.	71	M	Sunthan	
124.	65	M	Sarlahi	
125.	83	M	Dhading	
126.	65	-	Jhapa	
127.	60	M	Kanchanpur	
128.	69	M	Mgyadi	
129.	60	M	Kathmandu	
130.	60	M	Kathmandu	
131.	70	F	Saptari	
132.	60	M	Sarlahi	
133.	65	F	Jhapa	
134.	93	F	Kanchanpur	
135.	69	M	Ramechhap	
136.	60	M	Jhapa	
137.	61	M	Pyuthan	
138.	60	M	Jhapa	
139.	70	M	Sarlahi	December
140.	75	M	Udaypur	
141.	60	F	Parbat	
142.	60	M	Butwal	
143.	70	F	Sunsari	
144.	73	M	Kavre	
145.	60	M	Morang	
146.	72	M	Baglung	
147.	60	M	Tanahun	
148.	77	M	Kavre	
149.	73	M	Dailekh	
150.	77	M	Dolakha	
151.	85	F	Parbat	
152.	63	F	Kathmandu	
153.	65	M	Kathmandu	
154.	65	M	Tapleung	
155.	65	M	Sunsari	
156.	82	F	Khotang	

10. ELDERLY IN CRIME

Table 14: No of Elderly Found Involved in Unlawful Activities

S.N	Age	Sex	Address	Crime	Month
1.	61	M	Saptari	Murder	January
2.	63	M	Sankhuwasabha	Murder	
3.	62	M	Kathmandu	Forgery	
4.	80	M	Bhaktapur	Black-Marketing	
5.	65	M	Gorkha	Rape	February
6.	60	M	Kathmandu	Gambling	
7.	65	F	Parsa	Illegal Possession of Drug	
8.	62	M	Makwanpur	Murder	
9.	62	M	Kathmandu	Black-Marketing	
10.	60	M	Udayapur	Rape	March
11.	60	M	Hetauda	Drug Smuggling	
12.	66	M	Hetauda	Drug Smuggling	
13.	86	M	Hetauda	Rape	
14.	64	M	Dhading	Drug Smuggling	
15.	65	M	Hetauda	Drug Smuggling	
16.	65	M	Makwanpur	Drug Smuggling	April
17.	62	M	Sankhuwasabha	Illegal Possession of Weapons	
18.	62	M	Kathmandu	Drug Smuggling	
19.	62	M	Chitwan	Rape	
20.	65	M	Kathmandu	Forgery	
21.	64	M	Kathmandu	Gambling	
22.	60	M	Baglung	Forgery	
23.	63	M	Bardiya	Murder	
24.	67	M	Udaypur	Rape	May
25.	65	M	Sankhuwasabha	Illegal Possession of Weapons	
26.	70	M	Makwanpur	Illegal Possession of Drug	
27.	60	M	Gorkha	Murder	
28.	66	M	Kavre	Rape	June
29.	60	M	Dhading	Illegal Possession of Weapons	
30.	78	M	Saptari	Illegal Possession of Drug	
31.	60	M	Jhapa	Rape	
32.	73	M	Kavre	Gambling	
33.	68	M	Parsa	Girl Trafficking	
34.	70	M	Morang	Illegal Possession of Weapons	
35.	72	M	Parsa	Rape	
36.	60	M	Khotang	Rape	

37.	71	M	Udayapur	Escape from Jail	July
38.	70	M	Dhading	Fight	
39.	65	M	Morang	Physical Abuse	
40.	73	M	Jumla	Sexual Abuse	
41.	61	M	Saptari	Rape	
42.	74	M	Saptari	Illegal Possession of Bird Fur	
43.	62	M	Itahari	Rape	August
44.	62	M	Sunsari	Rape	
45.	65	M	Sarlahi	Illegal Possession of Drug	
46.	66	M	Taplejung	Illegal Possession of Weapons	
47.	60	M	Bhaktapur	Gambling	
48.	69	M	Kathmandu	Forgery	
49.	65	M	Hetauda	Illegal Possession of Drug	September
50.	70	M	Lalitpur	Rape	
51.	60	M	Rajbiraj	Murder	
52.	61	M	Salyan	Illegal Possession of Weapons	
53.	65	M	Nuwakot	Rape	
54.	62	M	Birjung	Gambling	
55.	63	M	Kavre	Gambling	
56.	64	M	Kavre	Gambling	
57.	60	M	Kavre	Gambling	October
58.	60	M	Saptari	Illegal Possession of Drug	
59.	62	M	Kavre	Gambling	
60.	62	M	Lalitpur	Robbery	
61.	60	M	Parsa	Gambling	
62.	64	M	Bardiya	Gambling	
63.	61	M	Jhapa	Illegal Possession of Drug	
64.	60	M	Parsa	Illegal Possession of Drug	
65.	61	M	Kathmandu	Robbery	November
66.	60	F	Kathmandu	Robbery	
67.	60	M	Kathmandu	Attack	December
68.	73	M	Illam	Illegal Possession of Drug	
69.	63	M	Rajbiraj	Rape	
70.	60	M	Lalitpur	Beaten	
71.	60	M	Dang	Murder	
72.	66	M	Rupandehi	Illegal Possession of Guns	
73.	64	M	Kathmandu	Illegal Possession of Hashish	
74.	65	M	Rupandehi	Illegal Possession of Guns	
75.	60	M	Nuwakot	Illegal Possession of Animal Skin	

11.WINTER AND OLDER PEOPLE

Table 15: No. of Older People Died due to Freezing in the Various Part of the Country

S.N	No of Elderly Died	Age	Sex	Place	Month
1.	1	62	M	Mugu	January
2.	1	65	M	Mugu	
3.	1	75	M	Mugu	
4.	1	60	F	Mugu	
5.	1	62	M	Mugu	
6.	1	70	M	Mahottari	
7.	1	65	M	Sarlahi	